

## Runway Run

Every one of all ages and abilities is invited to run, jog or walk our annual Runway Run. Set on a World War II runway in the picturesque Norfolk countryside, participants can choose to complete a 5km or 10km route to support their local air ambulance (UKA certified). The event will be accompanied by static displays, live music, stalls and a BBQ for all the family to enjoy. Registration will open at 2:00pm with the Runway Run will start at 4:00pm.

## Entry

Participants can register online or by post. Race entry covers the cost of putting on the event and is non-refundable. Payment must be made online or sent with your application form. Cheques made payable to East Anglian Air Ambulance. Each participant will receive a certificate, medal and a goodie bag. Places are limited and the closing date for entries is 16th September 2011.

To find out how to register online, visit us at [www.eaaa.org.uk](http://www.eaaa.org.uk)

## Prize categories

Prizes will be awarded for 1st, 2nd and 3rd place, to the participant who raises the most sponsorship and the best 999 emergency service themed costume. All adult participants who raise over £25 in sponsorship will be entered into a grand draw to win a one year membership kindly donated by Esporta Norfolk Health & Racquets Club.

## Sponsorship

We ask that you aim to raise a minimum sponsorship of £25. Every pound raised will support our life-saving emergency service. Create an online giving page at [www.justgiving.com](http://www.justgiving.com) or [www.virginmoneygiving.com](http://www.virginmoneygiving.com) to encourage friends and family to sponsor you. All participants will be sent a registration confirmation including sponsorship forms.

## East Anglian Air Ambulance

The EAAA provide a life-saving emergency service to the people of Norfolk, Suffolk, Cambridgeshire and Bedfordshire. The charity receives no government or National Lottery funding and therefore relies solely on donations from the public. On average our crew fly 4-5 missions per day, seven days a week, 365 days per year. In order to keep our helicopters flying and provide the advanced medical equipment they carry on board, the charity must raise over £4.2 million a year.

We need you today, you may need us tomorrow.

## Special thanks to

Tibenham Airfield & Norfolk Gliding Club

We will be honouring the 31 lost aircraft of the Kassel Mission ([www.kasselmission.com](http://www.kasselmission.com)) with a balloon release prior to the race.

Esporta Norfolk Health & Racquets Club



Cromer Trophies & Engraving



## Contact

Hangar D  
Gambling Close  
Norwich  
NR6 6EG

01603 489406  
[runway@eaaa.org.uk](mailto:runway@eaaa.org.uk)  
[www.eaaa.org.uk](http://www.eaaa.org.uk)

Registered Charity Number: 1083876

We need you today, you may need us tomorrow.



# RUNWAY RUN 2011

## Sunday 25th September

Tibenham Airfield, South of Norwich

We need you today, you may need us tomorrow.





East Anglian  
Air Ambulance



# Registration

I would like to take part in the 5km / 10km Runway Run  
on Sunday 25th September 2011 at Tibenham Airfield (delete as appropriate)

**Please complete one form per entry and return with your entry fee to:**  
**FREEPOST EAAA**

Title: \_\_\_\_\_ First Name: \_\_\_\_\_ Surname: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ Postcode: \_\_\_\_\_

Telephone: \_\_\_\_\_ Mobile: \_\_\_\_\_

E-mail: \_\_\_\_\_

Employer: \_\_\_\_\_ Date of birth: \_\_\_\_\_

How did you hear about this event? \_\_\_\_\_

Do you have a special reason for taking part? \_\_\_\_\_

\_\_\_\_\_

Entry fee (delete as appropriate)

Adult (age 18+) £10 / Concession £5 (age 6 - 17, students, 60+) / Under fives FREE

Cheques made payable to East Anglian Air Ambulance

I, the undersigned, agree with the terms and conditions outlined below.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parental/Guardian Consent (required for all participants under 16)

I, the undersigned, agree that my son/daughter/ward will participate in this event entirely at his/her own risk without liability of the East Anglian Air Ambulance, including event organisers, sponsors, staff and volunteers in respect of injury, loss or damage incurred by him/her.

All participants under 16 must be accompanied by an adult.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Terms & Conditions: Any participant unsure of their physical ability to take part in Runway Run should seek medical advice from a general practitioner prior to the event. All participants enter this event entirely at their own risk and East Anglian Air Ambulance shall not be liable for any injury or loss that might occur as a result of their participation other than as a result of East Anglian Air Ambulance's negligence. East Anglian Air Ambulance takes all reasonable steps to minimise the risk of injury to participants during fundraising events. There is a stringent risk assessment process in place for each and every event which aims to minimise or eliminate the risk to everyone taking part. However, by taking part in this event, you acknowledge that there may be conditions or circumstances beyond our control that can lead to unforeseen risks. If you have any concerns or queries please contact us before agreeing to take part in this event. By taking part, all participants confirm that they are happy for their names and any footage or photographs taken during their participation in Runway Run to be used to publicise Runway Run and East Anglian Air Ambulance generally, including television broadcasts.

**We need you today. You may need us tomorrow.**