



BBDRC 30th Bungay Black Dog Marathon and Half Marathon

with Family Fun Run

Organised under UK Athletics Rules – Licences 2012-102991 (half) and 2012-102990 (full)
Course Measurement Certificates 09/020 (half) and 09/019 (full)
This year's charity is the NSPCC, Registered Charity Number 216401

- o Race Date: Sunday 15th April 2012
- o Closing date for postal entries: 7th April 2012
- o Half Marathon Start 12:30 pm, Marathon Start 10:30 am
- o Time Allowed 3 hours (Half Marathon), 5 hours (Full Marathon)
- o 2½ hour half-way cutoff on Full Marathon
- o Minimum age on race day 17 (Half Marathon) and 18 (Full Marathon)
- o Entry Limit – 600 on Half Marathon, 400 on Full Marathon
- o Family Fun Run Start at 11:00 am (sorry, no dogs)
- o Full marathon £20 UKA affiliated*, £22 non-UKA affiliated, (+£3 on day)
- o Half marathon £17 UKA affiliated*, £19 non-UKA affiliated, (+£3 on day)
- o No refund of entry fee will be offered
- o Entries on the day (cash only) close at 9:45 (Full) and 11:45 (Half)
- o Start and finish at Maltings Meadow, Nr Bungay, Suffolk **NR35 2RT**
- o Organised parking for competitors and supporters
- o **Enter Online** <http://www.bungayblackdogrunningclub.co.uk/>
- o Race Information and Entry List on website
- o Collect Race Numbers and Timing Chips on the day
- o Male and female showering, toilets and changing facilities
- o Medical and First Aid Support
- o Medal and goody bag for Half and Full Marathon
- o T-Shirt available to purchase (separate order form)
- o Refreshments available for runners, friends and family
- o BARR Gold Graded Race, Chip Timing, Baggage Facility
- o View and order photos from event at <http://www.digitography.co.uk/>

Prizes for 1st, 2nd and 3rd Open, first in each masters category, club teams male and female. Jim Jervis prize for under 22 male and female.

Only one prize per runner will be awarded (except u22)

Male Open M40 M50 M60 M70
Female Open F35 F45 F55 F65



OFFICIAL USE ONLY RACE NUMBER

First Name _____ Surname _____

Please Circle: Male / Female Date of Birth _____

Postal Address _____

_____ Post Code _____

Email Address _____

Club _____

UKA Affiliated Athlete's Licence Number* _____

***Must be given for affiliated entry fee to apply**

Phone _____ Mobile _____

Please Circle Race and Category Entered – minimum age 17 (Half) and 18 (Full) on race day

Full Marathon	Male:	Open	M40	M50	M60	M70	Wheelchair
	Female:	Open	F35	F45	F55	F65	
Half Marathon							

Expected finishing time _____ (Max Allowed: Full 5 hours, Half 3 hours)

Signed* _____ Date _____

***Parent or Guardian to sign giving permission if runner is under 18 years old**

I declare I am an amateur as defined by UK Athletics. I agree to abide by the current laws of competition of UK Athletics. I declare that I will run entirely at my own risk. The Bungay Black Dog Running Club is registered under the Data Protection Act with the Information Commissioner's Office. Certain details of this form will be entered into a computer for club and race purposes only and will not be divulged to a third party. Race numbers are issued to the individual athlete completing the application form and are non-transferable. No dogs, following cycles or prams. Competitors are advised to familiarise themselves with the course prior to entering. **The wearing of Earphones/iPods/mp3 players is banned and will lead to disqualification by the race referee.**

Please return the entry form with SAE and cheque payable to Bungay Black Dog Marathon

- Full marathon £20 UKA affiliated*, £22 non-UKA affiliated, (+£3 on day), age 18+
- Half marathon £17 UKA affiliated*, £19 non-UKA affiliated, (+£3 on day), age 17+
- Fun Run Enter **on day only** Adults £3, Children £1.50, Family £7 (max 3 children)
(On the Day - Cash Payment Only Please)

Return to:
Bungay Marathon, Rose Cottage, Bush Green, Pulham Market, Diss, Norfolk IP21 4YB

If you don't put the right stamps on your envelope it will not be collected from Royal Mail