

## Age Grading December 2009

<i>Name</i>	<i>5k</i>	<i>5m</i>	<i>10k</i>	<i>10m</i>	<i>half marathon</i>	<i>15m</i>	<i>20m</i>	<i>full marathon</i>
Ian Ash			silver					
Richard Austin					silver			
Steve Barrett	gold							
Steve Cant	bronze		bronze					
Chris Chorley	gold	gold	gold	gold	gold	gold	silver	gold
Gavin Cole	silver		silver		bronze			
David Cook			bronze					
Jim Cooper		gold						silver
Rob Donovan			bronze		bronze			
Richard Dye	silver		gold	gold	gold	gold	silver	silver
Robin Farrar		silver	silver	silver	silver			
Mark Fawbert					silver			silver
Hazel Garrity			gold		silver			
Karen Gedge	silver	silver	silver	silver	silver			
Nigel Gilham	gold	gold	gold	gold	gold			
Tricia Hagan			silver		bronze			
Helen Hornsey		silver	silver					
Joe Hornsey		silver	silver					
Katy James	silver		silver					
Robbie James	gold		gold	gold	gold			
Colin Knights					bronze			
Kate Lee					bronze			
Karen McMorrان	bronze		bronze					
Carol Maycock	gold		gold					silver
Ali Morton			gold					
Tim Morton			gold					
Terry Mulcahy	diamond							
Christine Muttitt			diamond	diamond				gold
Jemma Neesham			bronze					
Philip Neave	silver	gold	silver	silver	bronze			
Sally Nicholls			silver	silver				
Darrell Oldman			silver		silver			
Bob Paul	silver	silver	silver	silver	silver			bronze
Judy Potter	diamond	diamond	diamond		diamond			
Sue Potter			bronze				bronze	bronze
Tom Pullinger		silver	silver		bronze			
David Punt			gold		silver			
Bruce Rayner	gold	silver	silver	silver	bronze			
James Samkin			bronze		bronze			
Bobbie Sauerzapf	gold	gold	gold	gold	gold	gold	gold	silver
Roland Shaw			gold	gold				
Andrew M Smith		gold	gold	gold	gold			
David Spashett			gold		gold			
Ian Taylor	diamond		diamond		gold		gold	diamond
Neil Thomas	bronze	bronze	silver	bronze	bronze			bronze
David Waterman			silver		silver			
Karen Waters	bronze	bronze	bronze	bronze	bronze			
Nikki Watson	gold	gold						
Colin Whale	bronze		bronze		bronze			
John Wharton	gold		gold		gold			
Robin Wilson	gold	gold	silver					

To gain an age grading certificate you need to complete at least three different distances.