

ROGER WING CHARITY 10Km

POS	No	SURNAME	FIRST NAME	RUNNING CLUB	SEX	AGE CAT	FINISH TIME
1	127	MILLER	DAVID	WOODBIDGE SHUFFLERS	M	OPEN	32.54
2	139	ALLEN	LUKE	CONAC	M	OPEN	33.23
3	160	PREWER	CARL	LOWESTOFT ROAD RUNNERS	M	OPEN	34.40
4	138	MOORE	RICHARD	WAVENEY VALLEY AC	M	V40	35.13
5	181	WALPOLE	ANDREW	CONAC	M	OPEN	35.51
6	41	MILK	OLIVER	WYMONDHAM AC	M	OPEN	37.20
7	159	PIMLOTT	CHRIS	WAVENEY VALLEY AC	M	OPEN	38.02
8	120	HOUGHTON	ANDREW		M	V40	38.03
9	75	HODGE	NIGEL	CITY OF NORWICH	M	V40	38.09
10	59	WHITE	JOHN	BBDR	M	V40	38.14
11	162	SMITH	NICK		M	OPEN	38.19
12	131	MANNING	ANDREW	GT YARMOUTH ROAD RUNNERS	M	V40	38.22
13	22	ROGERS	NICOLA	COLCHESTER & TENDRING AC	F	OPEN	38.38
14	130	MAYCOCK	JAMES	WAVENEY VALLEY AC	M	OPEN	38.59
15	32	PETERSON	GARTH	BRANDON FERN HOPPERS	M	V40	39.05
16	51	JOHNSON	PETE	NORFOLK GAZELLES	M	V50	39.12
17	149	LINDSAY	RAY	NORWICH ROAD RUNNERS	M	V50	39.30
18	106	LARK	SHAUN	LOWESTOFT ROAD RUNNERS	M	OPEN	39.30
19	128	BIDLE	DARREN	WHITE HORSE TERRIERS	M	OPEN	40.02
20	79	EPPS	TERRY	WYMONDHAM AC	M	V50	40.20
21	80	ALDOUS	SHAUN		M	OPEN	40.24
22	180	COOPER	JIM	BBDR	M	V40	40.44
23	105	ELLIS	VINCE	CITY OF NORWICH	M	V50	41.21
24	137	GRAND	ADIE	NORWICH ROAD RUNNERS	M	V40	41.27
25	76	CLARRY	JEMMA	ST EDMUNDS PACERS	F	OPEN	42.02
26	125	SAWYER	ROBIN	BBDR	M	OPEN	42.10
27	20	MARSH	DAVID	IPSWICH JAFFA	M	OPEN	42.14
28	161	HILL	LES	NORFOLK GAZELLES	M	V40	42.21
29	37	CHORLEY	CHRIS	BBDR	M	V40	42.23
30	48	THOMPSON	PETER	NORFOLK GAZELLES	M	V50	42.25
31	142	MACKENZIE	ROBIN	FRAMLINGHAM FLYERS	M	V40	42.28
32	29	ROONEY	PENNY	WOODBIDGE SHUFFLERS	F	OPEN	42.29
33	176	MULCAHY	TERRY	BBDR	M	V60	42.57
34	49	HOUGHTON	JASON		M	OPEN	43.00
35	98	GABRIEL	JOHN	VEGETARIAN C & AC	M	V50	43.05
36	91	HARDINGHAM	KEVIN	NORFOLK GAZELLES	M	V50	43.08
37	169	DYE	RICHARD	BBDR	M	V40	43.17
38	170	WOMACK	MARK	LOWESTOFT ROAD RUNNERS	M	OPEN	43.27
39	35	JACKSON	ALAN	IPSWICH JAFFA	M	V40	43.37
40	167	LIMBU	MUKTI	COLCHESTER SIXTHFORM	M	OPEN	43.54
41	133	WALLER	ASHLEY	GT YARMOUTH ROAD RUNNERS	M	OPEN	44.03
42	175	MORTON	TIM	BBDR	M	V40	44.11

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43	122	STACH-KEYITZ	ADELE	NEWHAM & ESSEX BEAGLES	F	FV35	44.18
44	135	COLE	GAVIN	BBDRC	M	OPEN	44.21
45	23	JONES	PAUL	COLCHESTER & TENDRING AC	M	OPEN	44.39
46	114	TYLDESLEY	FRANK	BSE PACERS	M	V40	44.41
47	14	STRICKLAND	STEVE	THORNEY RC	M	V50	44.43
48	184	PRIME	LUKE		M	OPEN	45.00
49	153	RISEBOROUGH	SAM		F	OPEN	45.13
50	84	HARDINGHAM	GRAHAM	NORFOLK GAZELLES	M	V40	45.15
51	53	MILLETT	ANNE	NORWICH ROAD RUNNERS	F	V45	45.34
52	140	GILHAM	IAN		M	OPEN	45.39
53	166	MCMILLIN	ASHLEY		M	OPEN	46.02
54	31	COUGHLAN	JAMES		M	V40	46.06
55	54	MILLETT	TONY	NORWICH ROAD RUNNERS	M	V50	46.17
56	27	WILKANOWSKI	KEITH		M	V40	46.23
57	143	TOVELL	KENNETH	WOODBRIDGE SHUFFLERS	M	OPEN	46.49
58	55	KING	M		M	V50	46.54
59	110	WOODS	IAN	NORFOLK GAZELLES	M	V50	47.00
60	168	ROBERTSON	MARGUERITE		F	OPEN	47.40
61	18	PERRY	CHRIS	ST EDMUNDS PACERS	M	OPEN	47.42
62	132	MANNING	KAREN	GT YARMOUTH ROAD RUNNERS	F	V35	48.00
63	157	PENNY	JOHN		M	V50	48.05
64	136	MANLY	VERONICA	DISS AC	F	V55	48.11
65	158	READER	KIM	WYMONDHAM AC	F	V35	48.15
66	116	PAUL	BOB	BBDRC	M	V50	48.16
67	38	SAUERZAPF	BOBBIE	BBDRC	F	V45	48.27
68	172	ANDERSON	CRAIG	BBDRC	M	V40	48.29
69	156	COOK	STEVE		M	V40	48.31
70	69	LAMBERT	PAULA	WAVENEY VALLEY	F	V35	48.39
71	47	CULLUM	STEPHEN	WAVENEY VALLEY	M	V40	48.40
72	58	MARSH	CHRISTINE		F	V45	48.44
73	152	CUDMORE	PHILIP		M	V50	48.45
74	66	ROBERTS	MELANIE	WOODBRIDGE SHUFFLERS	F	V45	48.48
75	33	VICKERY	NICK		M	V40	49.09
76	4	ALDIS	MARK		M	V40	49.23
77	61	LOZANO	MICHAEL		M	OPEN	49.35
78	56	MUNSON	MIKE	STOWMARKET STRIDERS	M	V50	49.41
79	179	WHALE	COLIN	BBDRC	M	V40	49.47
80	8	NEWTON	MICHAEL		M	V40	49.52
81	178	PUNT	DAVID	BBDRC	M	V50	49.53
82	154	PRYCE	DAVID	WAVENEY VALLEY AC	M	V60	50.04
83	145	SOUTHWELL	CHRIS		M	V50	50.08
84	121	JENKINS	COLIN	NEWHAM & ESSEX BEAGLES	M	V50	50.20
85	64	JAMES	ROBERT	BBDRC	M	OPEN	50.24

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86	72	BARBER	STEVEN	WVAC	M	OPEN	50.36
87	88	POTTER	LISA	WVAC	F	OPEN	50.36
88	87	MAYCOCK	CAROL	BBDRC	F	V45	50.54
89	40	ELLEN	ANNE	NORFOLK GAZELLES	F	V45	51.22
90	12	MCQUIRE	ANDY		M	V40	51.24
91	126	MILLER	SARAH-JANE	IPSWICH JAFFA	F	V45	51.27
92	60	GEDGE	KAREN	BBDRC	F	V35	51.28
93	183	GARRITY	HAZEL	BBDRC	F	V45	51.30
94	147	EMERY	ROBERT	NORTH NORFOLK BEACH RUNNERS	M	OPEN	51.34
95	67	MARCHESE	STEFAN		M	OPEN	51.39
96	148	COX	BILL	FRAMLINGHAM FLYERS	M	V60	51.48
97	163	LOWTHER	SUE	BBDRC	F	V35	52.01
98	141	ASH	IAN	BBDRC	M	V60	52.09
99	93	FAWBERT	LUCY	BBDRC	F	OPEN	52.11
100	97	HARROP	JACKIE	NORFOLK GAZELLES	F	V45	52.29
101	65	LOVE	SIRKKA		F	V45	52.37
102	164	WARMAN	STEVE	WAVENEY VALLEY AC	M	OPEN	52.50
103	174	LEWIS	DAVID	WAVENEY VALLEY AC	M	OPEN	53.07
104	177	HAYWARD	IAN		M	V40	53.07
105	118	CHRISTOPHER	ASHLEY		M	V40	53.08
106	115	JAMES	MIKE		M	V40	53.18
107	117	LINES	DAVID	BBDRC	M	OPEN	53.24
108	19	BRITT	TONY		M	V50	53.25
109	17	EVERETT	DOMINIC		M	V40	53.37
110	112	POOLE	CAROLYN	NORFOLK GAZELLES	F	V45	53.46
111	15	COAD	ALISON		F	V45	53.47
112	16	NEVILLE	MITCH		F	OPEN	53.47
113	107	FARRAR	ROBIN	BBDRC	M	V60	53.47
114	124	PALMER	JOANNE	DISS AC	F	V35	53.58
115	94	WARREN	PETER	CITY OF NORWICH	M	V50	54.15
116	86	WHITE	AMANDA		F	OPEN	54.17
117	28	LING	DEBORAH		F	V45	54.25
118	100	MUTTIT	CHRISTINE	BBDRC	F	V55	54.46
119	3	TOOLEY	IAN		M	V40	54.51
120	21	LEES	IVAN	BBDRC	M	V50	54.59
121	25	RIX	KAREN		F	V35	55.03
122	150	COOK	LAURA		F	OPEN	55.03
123	5	FORD	MARIA		F	V35	55.31
124	134	JESSOP	JONATHAN		M	OPEN	55.31
125	71	MCDONALD	KIERAN		M	OPEN	55.40
126	102	SMITH	ANDREW	BBDRC	M	V50	55.42
127	111	POTTER	SUE	BBDRC	F	V45	55.55
128	46	MOORE	LYNDA	NORWICH ROAD RUNNERS	F	V45	56.02

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129	30	BERTOLDI	GIOVANNA	TRI ANGLIA	F	V35	56.14
130	90	WOODBURN	LUCY	WHITE HORSE TERRIERS	F	V35	56.16
131	155	WRIGHT	JACQUELINE		F	V45	56.19
132	113	HEYDON	KATHERINE		F	OPEN	56.22
133	123	PALMER	BARRY	DISS AC	M	V40	56.39
134	144	NICHOLLS	SALLY-ANN	BBDR	F	V45	56.50
135	73	O'MULLANE	TIM		M	V40	56.53
136	45	MOORE	BRIAN	NORWICH ROAD RUNNERS	M	V50	57.06
137	82	SPINKS	ROGER	IPSWICH JAFFA	M	V60	57.13
138	85	BURFOOT	JENNIFER	NORFOLK GAZELLES	F	V55	57.17
139	129	RIBBANDS	DEREK	GT YARMOUTH ROAD RUNNERS	M	V40	57.23
140	165	CRISP	CLARE		F	OPEN	57.26
141	119	CHRISTOPHER	HELEN		F	V35	57.33
142	70	JEFFERY	ANTONY		M	V40	57.50
143	11	MCQUIRE	SEAN		M	OPEN	58.09
144	50	SULTAN	NEELAM		F	OPEN	58.14
145	104	FELLINGHAM	ANNE	STOWMARKET STRIDERS	F	V55	58.17
146	39	FARROW	LINDA	NORFOLK GAZELLES	F	V55	58.38
147	6	FORD	NICHOLAS		M	V40	59.10
148	151	THURSTON-WOOLNOUGH	REBEKAH		F	OPEN	59.38
149	2	TOOLEY	CATHERINE		F	V35	59.44
150	95	BLOOMFIELD	CHRISTINE	NORFOLK GAZELLES	F	V45	59.45
151	146	BYHAM	DARA		F	V35	59.46
152	74	CROSSLAND	SUSANNA		F	OPEN	59.47
153	92	DAVIS	KERRY	TRI-ANGLIA	F	V35	60.14
154	109	SAIT-STEWART	ANGELA		F	V35	60.32
155	26	PROTHEROE	SALLY-ANN	LOWESTOFT ROAD RUNNERS	F	V45	62.45
156	101	MCDONALD	ROSS		M	OPEN	63.00
157	173	COOK	DAVID	BBDR	M	V60	64.07
158	43	JAMES	KATY	BBDR	F	V55	65.38
159	182	HARBOLD	CHRIS	GT YARMOUTH ROAD RUNNERS	M	V60	68.45
160	171	DALTON	ZARA		F	V35	69.20
161	77	BIRT	TRACEY		F	V35	69.32
162	78	SIZER	MANDY		F	V35	69.32
163	13	SHEPHERD	STUART		M	V40	70.46
164	7	TAYLOR	JANE		F	V45	
165	1	NEWTON	JAMES		M	WHEEL	
166	9	HARRIS	STEPHEN		M	V40	
167	10	HARRIS	MARGARET		F	V35	
168	24	CHAPMAN	KARL	WYMONDHAM AC	M	OPEN	
169	34	FRASER	ALEC	NORTH NORFOLK BEACH RUNNERS	M	V60	
170	36	RAYNER	PAUL	HUNTS AC	M	V40	
171	42	MAUBY	SAMANTHA	COLCHESTER & TENDRING AC	F	OPEN	

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172	44	LEVANS	DAVID	FELIXSTOWE ROAD RUNNERS	M	V40	
173	52	FIRMAN	SARAH-JANE	NORWICH ROAD RUNNERS	F	OPEN	
174	57	DAVIDSON	CATHERINE	WAVENEY VALLEY AC	F	OPEN	
175	62	PEACHER	RICKY	FRAMLINGHAM FLYERS	M	OPEN	
176	63	DRINKALL	ANDY		M	V40	
177	68	CHITTY	JOHN		M	V40	
178	81	PALMER	STUART		M	OPEN	
179	83	CHILVER	PAUL	BBDR	M	OPEN	
180	89	ROBERTSHAW	MARGUERITE	COLCHESTER SIXTHFORM	F	OPEN	
181	96	BRAAT	LISA	LOWESTOFT ROAD RUNNERS	F	OPEN	
182	99	DONOVAN	ROB		M	V50	
183	103	FELLINGHAM	RICHARD	STOWMARKET STRIDERS	M	V50	
184	108	BROWN	HANNAH	BBDR	F	V35	

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