

# RESULTS

	A	B	C	D	E	F	G	H	I	J	L
1	<b>ROUND NORFOLK RELAY 20/21 SEPTEMBER 2008</b>										
2	<b>BUNGAY BLACK DOG RUNNING CLUB RESULTS</b>										
3											
4					Est.	Actual	Est.	Actual	Time Day/Night		
5	Leg	From - To	Runner	Miles	Mins:Secs/Mile		Leg Time		Started	Finished	Accumulated Time
6	1	Kings Lynn - Hunstanton	Ian Taylor	16.32	6:26	7:04	1:45:00	1:55:31	5:30:00	7:25:31	1:55:31
7	2	Hunstanton - Burnham Overy	Chris Chorley	14.06	7:30	7:27	1:45:27	1:44:45	7:25:31	9:10:16	3:40:16
8	3	Burnham Overy - Wells	Karen Waters	5.39	10:20	10:28	0:55:42	0:56:29	9:10:16	10:06:45	4:36:45
9	4	Wells - Salthouse	Bobbie Sauerzapf	12.76	9:27	8:55	2:00:35	1:53:47	10:06:45	12:00:32	6:30:32
10	5	Salthouse - Cromer	Andrew Smith	8.61	8:01	9:12	1:09:01	1:19:19	12:00:32	13:19:51	7:49:51
11	6	Cromer - Mundesley	Darryl Oldman	7.86	7:12	7:51	0:56:36	1:01:47	13:19:51	14:21:38	8:51:38
12	7	Mundesley - Lessingham	Bruce Rayner	9.24	7:45	7:51	1:11:37	1:12:34	14:21:38	15:34:12	10:04:12
13	8	Lessingham - Horsey	John White	7.52	7:00	6:59	0:52:38	0:52:32	15:34:12	16:26:44	10:56:44
14	9	Horsey - Great Yarmouth	Tim Morton	11.15	7:25	8:44	1:22:42	1:37:24	16:26:44	18:04:08	12:34:08
15	10	Great Yarmouth - Geldeston	Bob Paul	15.08	9:00	9:31	2:15:43	2:23:41	18:04:08	20:27:49	14:57:49
16	11	Geldeston - Scole	Colin Whale	19.60	9:42	9:44	3:10:07	3:10:49	20:27:49	23:38:38	18:08:38
17	12	Scole - Thetford	Bob Jack	19.67	12:10	11:38	3:59:19	3:49:07	23:38:38	3:27:45	21:57:45
18	13	Thetford - Feltwell	Robin Farrar	13.25	9:07	9:09	2:00:48	2:01:23	3:27:45	5:29:08	23:59:08
19	14	Feltwell - Wisington	Robbie James	8.80	7:28	6:46	1:05:42	0:59:40	5:29:08	6:28:48	24:58:48
20	15	Wisington - Downham Market	David Cook	7.20	11:11	10:35	1:20:31	1:16:17	6:28:48	7:45:05	26:15:05
21	16	Downham Market - Stowbridge	Doreen Whittington	5.49	11:00	11:04	1:00:23	1:00:49	7:45:05	8:45:54	27:15:54
22	17	Stowbridge - Kings Lynn	Sue Potter	11.73	9:45	11:03	1:54:22	2:09:48	8:45:54	10:55:42	29:25:42
23											
24			<b>AVERAGES</b>	11.40	8:51	9:04	1:41:33	1:43:52			
25			<b>TOTALS</b>	193.73			28:46:13	29:25:42			Robin Farrar 23/09/08