

Bungay Black Dog Running Club

Great East Run 2008 Results in Category Order

Sponsored by Elgood's Brewery of Wisbech and B1st Sports and Leisure of Beccles

Position	Time	Name	Club	Category	Race Number
2	01:06:59	MERCKEL, Dan	Oxford City AC	Male Open	469
3	01:09:02	DAVISON, Neil	City of Norwich AC	Male Open	285
4	01:09:56	JONES, Andy	City of Norwich AC	Male Open	499
6	01:10:36	MCNEELY, Darren	Serpentine Running Club	Male Open	510
7	01:10:43	KEEBLE, Ian	Stowmarket Striders	Male Open	530
8	01:11:04	NASH, John	Nene Valley Harriers	Male Open	476
11	01:13:59	FLOOD, Chris	Cambridge & Coleridge AC	Male Open	622
12	01:14:39	PREWER, Carl	Lowestoft Road Runners	Male Open	543
13	01:15:00	LOWE, Joseph	Highgate Harriers	Male Open	665
14	01:15:10	BUNN, Andrew	Norwich Road Runners	Male Open	637
16	01:15:52	MIDDLETON, Daniel	Unaffiliated	Male Open	606
17	01:15:54	MERRYLEES, Chris	North Norfolk Beach Runners	Male Open	657
18	01:16:16	GRAY, Neil	Unaffiliated	Male Open	235
20	01:16:35	INDER, Harley	Ealing, Southall & Middlesex	Male Open	557
27	01:17:27	QUANTRILL, Phil	Gt Yarmouth Road Runners	Male Open	532
29	01:18:10	LARK, Shaun	Lowestoft Road Runners	Male Open	218
31	01:18:16	SAGE, Alex	Unaffiliated	Male Open	76
32	01:18:29	EVANS-HART, John	Unaffiliated	Male Open	666
35	01:19:31	POTTER, Mark	Waveney Valley A.C.	Male Open	244
36	01:19:52	HODGE, Nigel	City of Norwich AC	Male Open	528
43	01:21:54	STARK, Colin	North Norfolk Beach Runners	Male Open	190
45	01:22:10	BAILEY, Ian	Unaffiliated	Male Open	293
47	01:22:22	KINSMAN, Daniel	The Saxons	Male Open	547
48	01:22:22	MAYCOCK, James	Waveney Valley A.C.	Male Open	73
52	01:22:51	THOMPSON, Gary	Ipswich Jaffa	Male Open	13
53	01:23:06	JAGGER, Mark	Metropolitan Police	Male Open	651
54	01:23:17	CALVER, Vince	Felixstowe Road Runners	Male Open	644
57	01:23:47	KEMP, Jon	Unaffiliated	Male Open	589
61	01:24:19	WATCHORN, Jim	Royal Navy Triathlon Club	Male Open	392

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Position	Time	Name	Club	Category	Race Number
63	01:24:31	PHILLIPS, Lee	Saxmundham Saxons	Male Open	276
66	01:24:48	BELL, Tom	Unaffiliated	Male Open	315
67	01:24:52	GREEN, Matthew	Norfolk Gazelles	Male Open	249
72	01:25:37	JENLEY, Graham	Unaffiliated	Male Open	672
73	01:25:38	BOBBINS, Tom	Unaffiliated	Male Open	654
74	01:25:49	WRIGHT, Dan	Colchester Harriers	Male Open	220
76	01:26:13	DALE, Ady	Unaffiliated	Male Open	339
80	01:26:34	EARL, Tim	Triathlon Essex	Male Open	621
82	01:26:53	HORNSEY, Joseph	Diss	Male Open	132
83	01:27:01	HAUGHTON, Colin	Unaffiliated	Male Open	514
85	01:27:14	CROUCHER, Anthony	Gt Yarmouth Road Runners	Male Open	420
86	01:27:16	BROWN, Mark	Unaffiliated	Male Open	566
87	01:27:19	DAY, Andrew	Petts Wood Runners	Male Open	10
90	01:27:40	DOIG, Adrian	Stowmarket Striders	Male Open	516
93	01:27:55	PHILO, Mark	Tri-Anglia	Male Open	291
94	01:27:57	SAVAGE, Paul	Unaffiliated	Male Open	340
95	01:28:00	HUDSON, John	Unaffiliated	Male Open	600
96	01:28:10	COLEMAN, Jamie	North Norfolk Beach Runners	Male Open	65
99	01:28:16	CRAVEN, Dave	Unaffiliated	Male Open	139
104	01:28:43	SAWYER, Robin	Bungay Black Dog Running Club	Male Open	643
106	01:28:48	HUDSON, David	Tri-Anglia	Male Open	610
108	01:29:02	RUSH, Jason	Unaffiliated	Male Open	43
109	01:29:03	MCGRAIN, Jon	Unaffiliated	Male Open	333
111	01:29:22	LINES, Rob	Tri-Anglia	Male Open	250
114	01:29:28	CLAY, Mark	Alchester	Male Open	122
115	01:29:45	YALLOP, Paul	Tri-Anglia	Male Open	24
116	01:29:47	LEAVER, Michael	Unaffiliated	Male Open	311
117	01:30:00	MARSH, David	Ipswich Jaffa	Male Open	551
121	01:30:06	O'MALLEY, Paul	North Norfolk Beach Runners	Male Open	507

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Position	Time	Name	Club	Category	Race Number
124	01:30:21	KNIGHT, Anthony	Thrift Green Trotters	Male Open	412
128	01:30:30	MCCOLL, James	Unaffiliated	Male Open	368
131	01:30:35	BRADFORD, Paul	Unaffiliated	Male Open	647
133	01:30:40	BROWNING, James	Triathlon Essex	Male Open	632
135	01:30:49	GALLARD, Richard	Waveney Valley A.C.	Male Open	436
138	01:31:09	HOULSTON, Howard	Herne Hill Harriers	Male Open	662
139	01:31:11	WILLIAMSON, Neil	Unaffiliated	Male Open	550
141	01:31:16	WANKOWSKI, John	Ipswich Triathlon Club	Male Open	674
142	01:31:36	COLE, Gavin	Bungay Black Dog Running Club	Male Open	482
145	01:31:59	MCMASTER, Adam	Unaffiliated	Male Open	8
147	01:32:24	NICHOLS, Andrew	Unaffiliated	Male Open	582
149	01:32:54	THEAKER, Darren	Unaffiliated	Male Open	388
150	01:33:00	EVANS, Llyod	Unaffiliated	Male Open	267
152	01:33:05	WALNE, Jason	Unaffiliated	Male Open	98
153	01:33:12	GOULDING, Jeremy	Ipswich Jaffa	Male Open	563
155	01:33:17	JAMES, Robert	Bungay Black Dog Running Club	Male Open	423
157	01:33:21	PATTERSON, Ben	Unaffiliated	Male Open	468
159	01:33:26	HESP, Andrew	Unaffiliated	Male Open	571
160	01:33:27	ANDERSON, Tony	Gt Yarmouth Road Runners	Male Open	502
162	01:33:42	THOULESS, Gavin	Norwich Road Runners	Male Open	363
171	01:34:39	SHURIAH, Horace	Haverhill Running Club	Male Open	113
172	01:34:42	SMITH, Vincent	Stowmarket Striders	Male Open	337
174	01:34:46	RISEBOROUGH, Sam	Unaffiliated	Male Open	198
191	01:36:52	TARLOW, Ben	Unaffiliated	Male Open	526
195	01:37:04	REEVE, Sean	Unaffiliated	Male Open	72
197	01:37:14	LOWTHORPQ, Shaun	Unaffiliated	Male Open	85
199	01:37:32	SHEVLIN, Stuart	Unaffiliated	Male Open	95
200	01:37:34	MABLESON, Richard	Unaffiliated	Male Open	441
202	01:37:51	COLMAN, Mark	Unaffiliated	Male Open	424

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Position	Time	Name	Club	Category	Race Number
205	01:38:00	SHEPPARD, Dean	Ely Runners	Male Open	89
206	01:38:05	DODD, Chris	Unaffiliated	Male Open	288
208	01:38:12	COLLINS, Paul	Unaffiliated	Male Open	427
210	01:38:23	TYRRELL, Jonathan	Tri-Anglia	Male Open	31
216	01:38:49	PIGOTT SMITH, Tom	Unaffiliated	Male Open	597
220	01:39:14	LAMPSHIRE, Michael	Unaffiliated	Male Open	529
221	01:39:16	JOHNSON, Iain	Deal	Male Open	653
222	01:39:21	MARR, Irvine	Ipswich Jaffa	Male Open	591
226	01:39:24	LAY, James	Unaffiliated	Male Open	224
233	01:39:41	BARRETT, Paul	Tri-Anglia	Male Open	572
240	01:40:23	WELTON, Ross	Ipswich Triathlon Club	Male Open	490
241	01:40:25	HANNAY, Mark	Unaffiliated	Male Open	673
242	01:40:26	WOODRUFF, Jeremy	Unaffiliated	Male Open	630
243	01:40:27	MABLESON, Stephen	Unaffiliated	Male Open	512
248	01:40:51	ADAMS, Luke	Unaffiliated	Male Open	444
250	01:40:55	MOREAU, Alexis	Unaffiliated	Male Open	552
252	01:41:02	HALL, Will	Tri-Anglia	Male Open	659
268	01:41:56	BARROW, Steve	Witham Running Club	Male Open	115
269	01:41:58	SIDDIQI, Abdul	Unaffiliated	Male Open	193
271	01:42:16	HOWARD, Barry	Unaffiliated	Male Open	302
273	01:42:37	LESTER, Thomas	Ipswich Jaffa	Male Open	252
277	01:42:55	SMITH, Wayne	Unaffiliated	Male Open	192
291	01:43:50	STUBLEY, Kevin	Unaffiliated	Male Open	18
292	01:43:51	ADAMS, Roger	Brandon Fern Hoppers	Male Open	357
296	01:44:11	SAYRE, Alexander	Unaffiliated	Male Open	635
299	01:44:41	HILL, James	Unaffiliated	Male Open	292
301	01:44:51	FARRELL, Donal	Unaffiliated	Male Open	540
302	01:44:52	MCDERMOTTROE, Joe	Unaffiliated	Male Open	470
303	01:44:59	BROWN, Hugh	Unaffiliated	Male Open	300

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Position	Time	Name	Club	Category	Race Number
304	01:45:09	KEEP, John	Ranelagh Harriers	Male Open	283
307	01:45:21	HOGG, Darren	Unaffiliated	Male Open	138
312	01:45:40	CLEARY, Jon	Unaffiliated	Male Open	135
315	01:45:44	SCARFO, Anthony	Unaffiliated	Male Open	2
316	01:45:49	DOYLE, Craig	Unaffiliated	Male Open	203
322	01:46:22	ELLIS, Matt	Lowestoft Road Runners	Male Open	626
325	01:46:30	PANG, Chun Lap	Unaffiliated	Male Open	539
330	01:46:42	BROWN, Paul	Unaffiliated	Male Open	608
332	01:46:54	MEECHAM, Simon	Ipswich Jaffa	Male Open	15
339	01:47:48	PARTNER, Bill	Unaffiliated	Male Open	280
342	01:48:11	MARSH, Jason	Unaffiliated	Male Open	310
343	01:48:19	VON GLASOW, Roland	Unaffiliated	Male Open	269
347	01:48:25	BURNS, Chris	Unaffiliated	Male Open	96
360	01:49:24	WYATT, Jonny	Unaffiliated	Male Open	348
365	01:49:55	SEWELL, Michael	Hayes & Harlington Road	Male Open	354
368	01:50:31	CHIPPERFIELD, Grant	Unaffiliated	Male Open	376
372	01:50:51	GOODWIN, Jon	Unaffiliated	Male Open	238
377	01:51:38	CARTWRIGHT, Barry	Lowestoft Road Runners	Male Open	661
384	01:52:27	WILLIS, Richard	Unaffiliated	Male Open	97
388	01:52:48	NAIR, Raj	Unaffiliated	Male Open	443
389	01:52:51	POUNDALL, Stephen	Unaffiliated	Male Open	426
390	01:52:51	REEVE, Danny	Unaffiliated	Male Open	179
398	01:53:26	LOADMAN, Neil	Tri-Anglia	Male Open	422
400	01:53:32	PROFFITT, Ed	Unaffiliated	Male Open	503
405	01:53:55	HILL, Nicholas	Unaffiliated	Male Open	668
415	01:54:34	WARMAN, Stephen	Waveney Valley A.C.	Male Open	664
420	01:54:46	KONOPKA, Thomas	Sudbury Joggers	Male Open	196
421	01:54:47	LONG, Jason	Unaffiliated	Male Open	505
423	01:55:07	VELLA, Carl	Haverhill Running Club	Male Open	603

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Position	Time	Name	Club	Category	Race Number
437	01:56:44	WATERHOUSE, Simon	Unaffiliated	Male Open	483
459	01:59:07	PALMER, Stuart	Unaffiliated	Male Open	49
467	02:00:14	CHAPLIN, Andrew	Pitsea Running Club	Male Open	535
482	02:03:26	MOGRIDGE, Stuart	Unaffiliated	Male Open	52
483	02:03:27	BRADFORD, Paul	Unaffiliated	Male Open	50
497	02:06:14	LEROY, Rob	Unaffiliated	Male Open	569
511	02:09:35	PARKER, Ed	Unaffiliated	Male Open	125
513	02:09:38	NUTH, Brian	UEA Medsoc	Male Open	287
517	02:13:24	PITMAN, Steve	Unaffiliated	Male Open	151
528	02:19:44	HAWKINS, Ross	Unaffiliated	Male Open	128
536	02:28:06	BETTS, Liam	Unaffiliated	Male Open	183
1	01:06:18	AMOS, Guy	City of Norwich AC	M40	587
9	01:11:21	MOORE, Richard	Waveney Valley A.C.	M40	393
10	01:13:00	LOUND, Charles	Dulwich Runners	M40	411
19	01:16:25	ROONEY, Kevin	Inter City Strollers	M40	663
22	01:16:52	PETTIT, Stephen	Ely Runners	M40	70
23	01:16:57	SULLIVAN, Paul	Norwich Road Runners	M40	406
24	01:17:18	SAUNDERS, David	Leicester Coritanians	M40	161
28	01:17:30	GEITNER, Joseph	City of Norwich AC	M40	627
37	01:20:27	ASKEW, Nick	City of Norwich AC	M40	495
41	01:21:20	VICKERS, Ben	Unaffiliated	M40	101
42	01:21:37	COPLAND, Dave	Ipswich Triathlon Club	M40	596
44	01:22:06	WHITELELY, Nigel	Unaffiliated	M40	27
46	01:22:21	CLUES, Mark	Tri-Anglia	M40	77
50	01:22:28	TAYLOR, Ian	Bungay Black Dog Running Club	M40	136
60	01:24:05	WILLIAMSON, Ken	St Edmunds Pacers	M40	561
65	01:24:47	GREENLAND, Eddie	Wymondham Athletic Club	M40	439
68	01:24:54	RENDELL-READ, Steven	Lowestoft Road Runners	M40	153
77	01:26:14	TURNER, Andrew	Unaffiliated	M40	228

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Position	Time	Name	Club	Category	Race Number
84	01:27:04	KENYON, Steve	Waveney Valley A.C.	M40	614
101	01:28:23	DAVIES, Robert	Unaffiliated	M40	274
105	01:28:47	FRISTON, Simon	Unaffiliated	M40	565
110	01:29:16	RENPHREY, Tom	Unaffiliated	M40	141
112	01:29:25	GEORGE, David	Norwich Road Runners	M40	281
120	01:30:04	SMITH, Kevin	Lowestoft Road Runners	M40	593
127	01:30:29	MCARDLE, Paul	Unaffiliated	M40	646
132	01:30:36	SAVORY, Andrew	Norwich Road Runners	M40	404
146	01:32:08	GILBERT, Andrew	Unaffiliated	M40	346
151	01:33:01	LAWRENCE, Tony	Brandon Fern Hoppers	M40	670
158	01:33:24	BIRT, Andrew	Unaffiliated	M40	92
163	01:33:49	IRVINE, Andy	Cambridge & Coleridge AC	M40	173
164	01:33:53	YOUNG, Patrick	Unaffiliated	M40	329
165	01:33:55	HINE, Adrian	Felixstowe Road Runners	M40	107
167	01:34:02	HOLLEY, Kevin	Unaffiliated	M40	284
168	01:34:24	FLEMING, Matthew	Unaffiliated	M40	39
169	01:34:30	GARDNER, Tony	Colchester & Tendring A.C	M40	322
176	01:35:14	BRADLEY, Alan	Norwich Road Runners	M40	360
177	01:35:31	CURRAN, Stephen	Woodbridge Shufflers R. C	M40	652
178	01:35:34	RICHES, Mark	Unaffiliated	M40	29
184	01:36:01	HEASMAN, Dave	Unaffiliated	M40	640
185	01:36:10	GAY, Christopher	Gt Yarmouth District A C	M40	178
186	01:36:14	MOULD, David	Bushfield Joggers	M40	127
188	01:36:15	REEVE, Simon	Unaffiliated	M40	471
194	01:37:02	GROVES, Paul	Coltishall Jaguars	M40	458
211	01:38:23	BAILEY, Stuart	Unaffiliated	M40	445
215	01:38:48	SLATTER, David	Unaffiliated	M40	355
217	01:38:51	FISHER, Joe	Unaffiliated	M40	79
245	01:40:31	CLARK, Richard	The Saxons	M40	108

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Position	Time	Name	Club	Category	Race Number
253	01:41:07	HOGARTH, Paul	City of London Police A.C	M40	534
261	01:41:38	ANDERSON, Craig	Bungay Black Dog Running Club	M40	258
270	01:42:12	BRIGHTY, Keith	Norwich Road Runners	M40	356
276	01:42:48	MATTHEWS, Peter	Unaffiliated	M40	251
284	01:43:21	EDGE, Nigel	Bungay Black Dog Running Club	M40	700
286	01:43:37	HASTINGS, Barry	Unaffiliated	M40	428
294	01:43:56	ELFLETT, Mark	Lowestoft Road Runners	M40	500
295	01:44:07	FRIBBENS, Mark	Halstead Road Runners	M40	562
298	01:44:26	SAUNDERS, Mark	Unaffiliated	M40	226
308	01:45:22	PAYNE, Darren	Woodbridge Surfers	M40	277
331	01:46:44	DURRANT, Mark	Unaffiliated	M40	48
333	01:46:55	CHITTY, John	Unaffiliated	M40	307
335	01:47:03	WILLIS, Mike	City of Norwich AC	M40	583
338	01:47:38	SAMKIN, James	Bungay Black Dog Running Club	M40	84
363	01:49:40	LANE, David	Ryston Runners	M40	517
395	01:53:07	CHILVERS, Richard	Unaffiliated	M40	431
397	01:53:19	ROBINSON, Paul	Unaffiliated	M40	212
401	01:53:37	CLAYDEN, Steve	Riverside Runners	M40	185
403	01:53:39	BURROWS, Mark	Unaffiliated	M40	82
404	01:53:55	BRIGHT, Stephen	British Athletics Supporters	M40	399
410	01:54:12	MIDDLETON, Charlie	Norfolk Gazelles	M40	343
417	01:54:38	CORBETT, Michael	Unaffiliated	M40	78
433	01:56:29	BUTLER, Simon	Unaffiliated	M40	186
434	01:56:37	BUNTING, Simon	Lowestoft Road Runners	M40	100
464	01:59:57	GREEB, Sean	Unaffiliated	M40	629
469	02:01:01	SMITH, Ian	Unaffiliated	M40	602
492	02:04:55	FOX, Jonathan	Unaffiliated	M40	480
500	02:06:56	ROSE, David	Unaffiliated	M40	68
507	02:08:45	PHILLIPS, Roy	Lowestoft Road Runners	M40	30

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Position	Time	Name	Club	Category	Race Number
532	02:23:24	STAMFORD, John	Pitsea Running Club	M40	586
5	01:10:10	REED, David	St Edmunds Pacers	M45	648
15	01:15:19	GLAYSHER, Stefan	City of Norwich AC	M45	121
30	01:18:16	HORNEY, Nigel	Keswick A.C	M45	174
34	01:19:18	PETERSON, Garth	Brandon Fern Hoppers	M45	633
38	01:20:53	GREEN, Stuart	Stowmarket Striders	M45	374
40	01:20:57	PARFITT, Kevin	North Norfolk Beach Runners	M45	656
51	01:22:47	DAUGHERTY, Duane	Unaffiliated	M45	142
56	01:23:43	MOORE, John	Norfolk Gazelles	M45	148
58	01:23:52	CHAMBERLAIN, Michael	Norwich Road Runners	M45	459
70	01:25:25	HORNE, Paul	Vegetarian Cycling & Athletic	M45	154
75	01:26:07	CHENERY, Duncan	Ipswich Jaffa	M45	259
88	01:27:32	HILL, Lestie	Norfolk Gazelles	M45	472
92	01:27:53	BROAD, Kevin	MPAA	M45	554
97	01:28:12	BROOKSHAW, Paul	Gt Yarmouth Road Runners	M45	260
98	01:28:14	PYCROFT, Christopher	Thorney	M45	639
103	01:28:38	HOLLAND, Neil	Wymondham Athletic Club	M45	433
107	01:28:55	JONES, Christopher	The Saxons	M45	365
122	01:30:09	ETHERINGTON, Stephen	Gt Yarmouth Road Runners	M45	521
123	01:30:19	DYE, Richard	Bungay Black Dog Running Club	M45	515
136	01:31:07	FRETWELL, Andrew	Norwich Road Runners	M45	580
140	01:31:13	CHAPMAN, Peter	Tri-Anglia	M45	473
154	01:33:16	CLAYSON, Ben	Petts Wood Runners	M45	620
173	01:34:43	RAYNER, Bruce	Bungay Black Dog Running Club	M45	544
175	01:35:04	CAMPBELL, Rory	Dereham Runners AC	M45	595
181	01:35:48	HIGGINS, Carl	Thetford Athletic Club	M45	14
182	01:35:54	WOODS, Tim	Unaffiliated	M45	615
189	01:36:29	SILLETT, Graham	Unaffiliated	M45	254
190	01:36:46	SMITH, Barry	Lowestoft Road Runners	M45	601

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192	01:36:53	DOWNES, Malcolm	Unaffiliated	M45	650
193	01:36:59	GEE, Kevin	Norwich Road Runners	M45	46
209	01:38:15	ELLIS, Mike	Unaffiliated	M45	207
213	01:38:36	TYLER, Tim	Norwich Road Runners	M45	87
214	01:38:44	WHITE, Paul	Unaffiliated	M45	435
225	01:39:23	SHELDON, Tim	Unaffiliated	M45	54
229	01:39:34	CLINTON, Peter	Unaffiliated	M45	421
230	01:39:37	FISHER, Ian	Unaffiliated	M45	91
234	01:39:42	BORKETT, Keith	Hunts AC	M45	17
246	01:40:36	COOPER, Dale	Wymondham Athletic Club	M45	211
255	01:41:10	HUMPHREYS, Jon	Unaffiliated	M45	497
257	01:41:27	GILHAM, Richard	Norfolk Gazelles	M45	213
266	01:41:50	FINEGAN, Tim	Felixstowe Road Runners	M45	442
283	01:43:13	PERKS, Benjamin	Unaffiliated	M45	568
290	01:43:47	RENSHAW, Kenneth	Dereham Runners AC	M45	264
293	01:43:55	ALLEN, Charles	Burnham Joggers	M45	170
313	01:45:41	HORREX, Trevor	Norwich Road Runners	M45	558
323	01:46:26	PURSER, Kevin	Unaffiliated	M45	309
337	01:47:26	SYKES, Jonathan	Ely Runners	M45	375
344	01:48:20	CAMPBELL, Ross	Tri-Anglia	M45	460
378	01:51:43	MCCOLL, William	Unaffiliated	M45	369
392	01:52:56	WEBSDALE, Steve	Norwich Road Runners	M45	129
393	01:53:03	CORBY, Colin	Blackwater Tri	M45	16
413	01:54:25	CHRISTOPHER, Ashley	Unaffiliated	M45	210
429	01:55:59	LEVANS, David	Felixstowe Road Runners	M45	451
432	01:56:27	BROWNE, Simon	Stowmarket Striders	M45	286
435	01:56:41	JENNINGS, Dean	Unaffiliated	M45	180
449	01:57:28	NORMAN, Gary	Unaffiliated	M45	415
460	01:59:11	JENNINGS, Kevin	Ely Runners	M45	385

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Position	Time	Name	Club	Category	Race Number
478	02:02:21	HEWETSON, Brian	Northbrook A.C	M45	266
486	02:04:21	CARTER, Stephen	Unaffiliated	M45	438
489	02:04:51	THURSTON, Charles	Unaffiliated	M45	440
493	02:04:57	TESTER, Michel	Unaffiliated	M45	513
501	02:07:19	WILDING, Steve	Unaffiliated	M45	618
527	02:19:18	HOWE, Gary	Saffron Striders	M45	248
21	01:16:47	DAWSON, Alan	St Edmunds Pacers	M50	584
25	01:17:21	LEVERSEDGE, John	Enfield & Harinsey AC	M50	44
39	01:20:54	EPPS, Terry	Wymondham Athletic Club	M50	324
55	01:23:24	CLARKE, Russell	Wymondham Athletic Club	M50	308
59	01:24:00	DISNEY, Richard	Reading A.C	M50	418
81	01:26:39	CLARKE, Neville	Newmarket Joggers	M50	594
100	01:28:22	WHARTON, John	Bungay Black Dog Running Club	M50	1
118	01:30:00	THOMPSON, Peter	Norfolk Gazelles	M50	294
119	01:30:00	BASSINDER, John	Stainland Lions	M50	631
143	01:31:52	BAKER, Geoff	Unaffiliated	M50	9
148	01:32:25	TAYLOR, Ian	Road Runners Club	M50	275
156	01:33:19	REID, Ian	Unaffiliated	M50	134
170	01:34:38	WILSON, Robin	Bungay Black Dog Running Club	M50	545
218	01:38:58	HERROD, Nigel	Waveney Valley A.C.	M50	625
232	01:39:40	HALE, Kenneth	Unaffiliated	M50	236
237	01:40:02	JACK, John	Norwich Road Runners	M50	200
247	01:40:40	ARNOLD, Christopher	Unaffiliated	M50	106
264	01:41:47	POLLEY, Richard	City of Norwich AC	M50	391
282	01:43:08	POXON, Martyn	Unaffiliated	M50	23
306	01:45:11	PETER, Lennard	Ipswich Triathlon Club	M50	166
311	01:45:36	EL-SAWF, Hadgy	Unaffiliated	M50	667
321	01:46:10	COOPER, Philip	Felixstowe Road Runners	M50	240
336	01:47:23	BURRAGE, Andrew	Norfolk Gazelles	M50	492

Bungay Black Dog Running Club

Great East Run 2008 Results in Category Order

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Position	Time	Name	Club	Category	Race Number
341	01:48:08	PYE, Geoff	Club Woodham Runners	M50	623
349	01:48:26	EASTERBROOK, Hugh	Serpentine Running Club	M50	570
408	01:54:09	HORGAN, John	100 Marathon Club	M50	410
411	01:54:12	BRITT, Tony	Unaffiliated	M50	163
430	01:56:10	BENNETT, Robert	Unaffiliated	M50	461
524	02:18:48	GUYMER, John	Unaffiliated	M50	617
525	02:18:49	STORY, Anthony	Unaffiliated	M50	616
49	01:22:24	HILL, Raymond	Ipswich Jaffa	M55	598
69	01:25:09	YEOMANS, Martin	Norwich Road Runners	M55	377
71	01:25:36	ZIELINSKI, Jeremy	Unaffiliated	M55	465
78	01:26:25	EMERY, Trevor	North Norfolk Beach Runners	M55	64
126	01:30:28	ALDIS, David	City of Norwich AC	M55	381
129	01:30:31	BURTON, John	City of Norwich AC	M55	457
161	01:33:33	SKIMSHIRE, Chris	Woodbridge Shufflers R. C	M55	396
183	01:36:00	SMITH, Andrew	Bungay Black Dog Running Club	M55	6
224	01:39:23	KING, Michael	Unaffiliated	M55	118
249	01:40:52	HEATH, Tony	North Norfolk Beach Runners	M55	361
262	01:41:39	NEY, David	Unaffiliated	M55	312
278	01:42:56	GATENBY, Hugh	Unaffiliated	M55	645
309	01:45:28	BASHAM, Leslie	Stowmarket Striders	M55	432
345	01:48:23	O'CONNOR, Michael	North Norfolk Beach Runners	M55	448
381	01:52:19	GROVES, Chris	Unaffiliated	M55	577
424	01:55:13	BULMAN, Richard	Reepham Runners	M55	160
425	01:55:38	TOMS, David	Brandon Fern Hoppers	M55	671
445	01:57:15	SPEED, David	Unaffiliated	M55	88
509	02:08:48	ROWNTREE, David	Ranelagh Harriers	M55	282
102	01:28:28	BONE, John	Gt Yarmouth Road Runners	M60	389
204	01:37:59	FREEMAN, Dennis	City of Norwich AC	M60	146
207	01:38:09	HILLS, John	Gt Yarmouth Road Runners	M60	335

Bungay Black Dog Running Club

Great East Run 2008 Results in Category Order

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Position	Time	Name	Club	Category	Race Number
223	01:39:22	SHORT, Ray	St Edmunds Pacers	M60	546
244	01:40:30	HOLT, John	Unaffiliated	M60	321
310	01:45:34	LAMBERT, John	Ipswich Jaffa	M60	607
353	01:48:34	PETTIFER, John	Pitsea Running Club	M60	402
375	01:51:16	MOORE, Cliff	Unaffiliated	M60	542
376	01:51:31	PILCH, Richard	Unaffiliated	M60	455
399	01:53:30	DAKIN, Robert	Unaffiliated	M60	325
462	01:59:23	COOMBES, Roger	Unaffiliated	M60	658
473	02:01:57	STAINES, Christopher	Unaffiliated	M60	290
475	02:01:58	DAYKIN, Robert	Unaffiliated	M60	271
539	02:35:11	READER, Frank	Norwich Road Runners	M60	301
231	01:39:39	SMITH, Mike	Wymondham Athletic Club	M65	382
362	01:49:34	FARRAR, Robin	Bungay Black Dog Running Club	M65	247
382	01:52:25	CARTER, Nicholas	Lowestoft Road Runners	M65	408
446	01:57:21	SPINKS, Roger	Ipswich Jaffa	M65	45
488	02:04:48	MAWER, Roger	Lowestoft Road Runners	M65	522
491	02:04:55	CARTER, Colin	Unaffiliated	M65	477
512	02:09:37	FRIED, Bertrand	Unaffiliated	M65	531
515	02:11:18	THOULESS, Colin	Norwich Road Runners	M65	362
522	02:16:56	TURNER, Brian	Ipswich Jaffa	M65	519
526	02:18:55	SPONG, Albert	Gt Yarmouth Road Runners	M65	295
540	02:37:07	KELLY, James	Framlingham Flyers	M65	590
26	01:17:22	JORDAN, Tamara	Stowmarket Striders	Female Open	520
62	01:24:28	LEATHWOOD, Rachael	Reepham Runners	Female Open	425
79	01:26:31	BROOKS, Suzannah	Norfolk Gazelles	Female Open	636
91	01:27:52	DAVEY, Claire	Waveney Valley A.C.	Female Open	527
113	01:29:26	BOWEN, Emily	Colchester Harriers	Female Open	221
125	01:30:27	CROFTS, Tanya	Wymondham Athletic Club	Female Open	80
134	01:30:42	TOYNTON, Katie	Cambridge & Coleridge AC	Female Open	131

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Great East Run 2008 Results in Category Order

Sponsored by Elgood's Brewery of Wisbech and B1st Sports and Leisure of Beccles

Position	Time	Name	Club	Category	Race Number
137	01:31:08	MAWBY, Samantha	Cambridge & Coleridge AC	Female Open	379
166	01:33:57	WARD, Katie	March AC	Female Open	573
180	01:35:46	PURNELL, Ann	Unaffiliated	Female Open	195
227	01:39:26	WOOLLARD, Claire	Petts Wood Runners	Female Open	11
228	01:39:30	HILL, Nicola	Unaffiliated	Female Open	430
238	01:40:15	DENOTTI, Lena	Unaffiliated	Female Open	575
239	01:40:17	FISHER, Melanie	Ely Runners	Female Open	191
251	01:41:01	CASBARD, Eve	Unaffiliated	Female Open	347
258	01:41:28	BATTERHAM, Claire	Triathlon Essex	Female Open	638
259	01:41:29	DRIVER, Helen	Diss AC	Female Open	133
263	01:41:47	BAKER, Hannah	City of Norwich AC	Female Open	372
272	01:42:20	CARFOOT, Catharine	Triathlon Essex	Female Open	624
279	01:42:57	BEACH, Kate	Unaffiliated	Female Open	268
280	01:42:59	SMITH, Angharad	Unaffiliated	Female Open	384
319	01:46:05	PEPPER, Aimee	Unaffiliated	Female Open	634
327	01:46:33	VAN BOURGONDIEN, Marie-Jose	Unaffiliated	Female Open	3
340	01:48:03	SLACK, Philippa	Kingston & Polytechnic	Female Open	588
346	01:48:24	SUMMERS, Lucy	Unaffiliated	Female Open	197
358	01:49:18	BARKWAY, Lucy	Diss	Female Open	40
366	01:50:08	GEORGE, Melanie	Wymondham Athletic Club	Female Open	612
367	01:50:21	BURT, Chloe	Witham Running Club	Female Open	114
369	01:50:40	FLAHERTY, Kealie	Unaffiliated	Female Open	475
383	01:52:26	BELL, Hannah	Unaffiliated	Female Open	316
385	01:52:39	POTTER, Lisa	Waveney Valley A.C.	Female Open	243
396	01:53:13	WARD, Jo	Unaffiliated	Female Open	205
407	01:54:05	THORNE, Katherine	Unaffiliated	Female Open	628
418	01:54:45	JARVIS, Naomi	Unaffiliated	Female Open	117
422	01:54:59	HEMMINGS, Rachel	Unaffiliated	Female Open	21
428	01:55:54	MUNDAY, Susanna	Stowmarket Striders	Female Open	278

Bungay Black Dog Running Club

Great East Run 2008 Results in Category Order

Sponsored by Elgood's Brewery of Wisbech and B1st Sports and Leisure of Beccles

Position	Time	Name	Club	Category	Race Number
436	01:56:44	DAWSON, Gemma	Unaffiliated	Female Open	484
443	01:57:13	WHITE, Amanda	Unaffiliated	Female Open	184
444	01:57:14	MINTER, Sarah	Unaffiliated	Female Open	157
451	01:58:13	STONE, Rebecca	Unaffiliated	Female Open	219
453	01:58:34	CRISP, Clare	Unaffiliated	Female Open	320
454	01:58:35	HILTON, Gemma	Unaffiliated	Female Open	130
470	02:01:04	QUENTIN-HICKS, Kate	City of Norwich AC	Female Open	232
472	02:01:49	LAWRENCE, Kelli	Unaffiliated	Female Open	398
474	02:01:58	DAVIDSON, Catherine	Waveney Valley A.C.	Female Open	313
477	02:02:16	DODIMEAD, Jinny	Unaffiliated	Female Open	578
480	02:02:55	COYSH, Katy	Unaffiliated	Female Open	227
495	02:05:26	BARKER, Faye	Lowestoft Road Runners	Female Open	449
496	02:06:07	KING, Caroline	Unaffiliated	Female Open	22
498	02:06:15	WALTERS, Katy	City of Norwich AC	Female Open	32
499	02:06:43	JONES, Lucy	Unaffiliated	Female Open	4
510	02:08:54	BRAAT, Lisa	Lowestoft Road Runners	Female Open	110
519	02:13:52	BLEAY, Elizabeth	Unaffiliated	Female Open	143
520	02:16:04	KING, Tracey	Unaffiliated	Female Open	474
530	02:22:49	BENNETT, Louise	Unaffiliated	Female Open	508
531	02:23:07	WOOLLARD, Faye	Unaffiliated	Female Open	556
534	02:23:57	CLEGG, Karly	Unaffiliated	Female Open	336
535	02:28:05	MARTIN, Ashlea	Unaffiliated	Female Open	378
187	01:36:14	SYMONDS, Lisa	Unaffiliated	F35	323
201	01:37:44	GREEN, Debbie	City of Norwich AC	F35	592
235	01:39:44	STEVENS, Tracy	Wymondham Athletic Club	F35	417
236	01:39:46	HUNT, Sally Anne	Unaffiliated	F35	641
267	01:41:52	RUSH, Susannah	Unaffiliated	F35	549
274	01:42:38	MAN, Angela	Unaffiliated	F35	397
275	01:42:41	DEFERNEZ, Marianne	Unaffiliated	F35	498

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Great East Run 2008 Results in Category Order

Sponsored by Elgood's Brewery of Wisbech and B1st Sports and Leisure of Beccles

Position	Time	Name	Club	Category	Race Number
287	01:43:38	MANNING, Karen	Gt Yarmouth Road Runners	F35	279
300	01:44:51	WASENIUS, Soraya	Unaffiliated	F35	90
329	01:46:41	WITHEY, Sally	City of Norwich AC	F35	12
351	01:48:30	BROSTER, Linsey	Dereham Runners AC	F35	345
359	01:49:24	WARNES, Simone	Unaffiliated	F35	349
364	01:49:42	LAMBERT, Paula	Waveney Valley A.C.	F35	123
379	01:51:52	KENNELLY, Julia	Wymondham Athletic Club	F35	253
391	01:52:56	GODWIN, Lisa	Unaffiliated	F35	120
406	01:53:57	FEAR, Mandy	Stowmarket Striders	F35	525
412	01:54:16	DE BOER, Agatha	Unaffiliated	F35	537
419	01:54:45	BARDWELL, Sharon	Unaffiliated	F35	109
426	01:55:45	WAUCHOPE, Kate	Unaffiliated	F35	338
448	01:57:27	PALMER, Joanne	Diss AC	F35	137
450	01:57:29	MCLEAN, Tracey	Unaffiliated	F35	28
455	01:58:46	ABBOTT-LEVETT, Carrie	Unaffiliated	F35	642
484	02:03:28	ROBERTS, Hayley	Unaffiliated	F35	367
494	02:05:16	NICHOLLS, Kerry	Unaffiliated	F35	144
504	02:08:06	GALLARD, Stephanie	Raveningham Runners	F35	437
505	02:08:17	HASWELL, Shelli	Unaffiliated	F35	511
508	02:08:45	ALLUM, Julie	Ryston Runners	F35	352
521	02:16:04	WOODWARD, Julie	Unaffiliated	F35	366
541	02:40:25	DAWES, Deborah	Unaffiliated	F35	485
130	01:30:31	NAREY, Mary	Stowmarket Striders	F40	409
144	01:31:53	SUTTLE, Haley	Stowmarket Striders	F40	559
196	01:37:05	LAMBERT, Catherine	Unaffiliated	F40	204
203	01:37:53	ASKINS, Louise	Unaffiliated	F40	452
219	01:38:59	STOCKS, Alice	Ashbourne	F40	509
254	01:41:08	CARTER, Clare	Unaffiliated	F40	478
265	01:41:48	WENN, Jenny	Norwich Road Runners	F40	199

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Great East Run 2008 Results in Category Order

Sponsored by Elgood's Brewery of Wisbech and B1st Sports and Leisure of Beccles

Position	Time	Name	Club	Category	Race Number
297	01:44:25	FOX, Charlotte	Unaffiliated	F40	479
305	01:45:09	PETTIFER, Lorna	Pitsea Running Club	F40	403
317	01:45:56	MAULKERSON, Rosalind	Unaffiliated	F40	581
320	01:46:09	SHERWIN, Kate	Felixstowe Road Runners	F40	239
324	01:46:29	SMITH, Corrina	Thetford Athletic Club	F40	53
326	01:46:32	GHANT, Debbie	Stowmarket Striders	F40	555
350	01:48:26	APPLETON, Jane	Unaffiliated	F40	466
352	01:48:33	RENDELL-READ, Susan	Lowestoft Road Runners	F40	152
354	01:48:48	BAKER, Susanna	Lowestoft Road Runners	F40	660
355	01:49:03	RICKETT, Jane	Unaffiliated	F40	319
356	01:49:05	EGAN, Gaynor	Tri-Anglia	F40	201
386	01:52:41	TEAGUE, Nicky	Unaffiliated	F40	36
402	01:53:39	HULSE, Anne	Unaffiliated	F40	81
427	01:55:46	ADAMS, Janet	Brandon Fern Hoppers	F40	358
438	01:56:46	CALVER, Eloise	St Edmunds Pacers	F40	299
442	01:57:10	OWEN, Sarah	British Athletics Supporters	F40	400
457	01:58:50	DALBY, Mary	Unaffiliated	F40	504
458	01:59:05	MOFFAT, Alex	Unaffiliated	F40	464
461	01:59:20	CHRISTOPHER, Helen	Unaffiliated	F40	209
465	02:00:06	HALLAM, Diane	Raveningham Runners	F40	241
466	02:00:08	TEMPLEMAN, Clare	Unaffiliated	F40	328
476	02:02:16	RUDD, Philippa	Unaffiliated	F40	576
479	02:02:54	COOK, Jayne	Wymondham Athletic Club	F40	450
481	02:03:25	MARLEY, Victoria	Unaffiliated	F40	51
487	02:04:39	NASMYTH-MILLER, Sarah	Unaffiliated	F40	488
490	02:04:54	SIMMONDS, Sally	Unaffiliated	F40	327
502	02:07:19	NUTT, Tracey	Unaffiliated	F40	619
518	02:13:49	SULLIVAN, Genette	Norwich Road Runners	F40	405
33	01:18:40	PARFITT, Dena	North Norfolk Beach Runners	F45	655

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Position	Time	Name	Club	Category	Race Number
64	01:24:44	CAWTHORNE, Helen	Redhill Road Runners Notts.	F45	373
212	01:38:30	BENNETT, Susan	Unaffiliated	F45	462
256	01:41:21	BRADLEY, Sarah	Norwich Road Runners	F45	359
260	01:41:34	MAYCOCK, Carol	Bungay Black Dog Running Club	F45	71
285	01:43:28	DAWSON, Lorrain	Unaffiliated	F45	42
328	01:46:34	ALLEN, Alison	Burnham Joggers	F45	169
334	01:46:58	HATTON, Karen	St Edmunds Pacers	F45	387
357	01:49:12	FRASER, Sue	Gt Yarmouth District A C	F45	262
371	01:50:50	LOWE, Andrea	Unaffiliated	F45	234
374	01:51:07	COOKE, Sue	City of Norwich AC	F45	245
380	01:52:02	HARROP, Jackie	Norfolk Gazelles	F45	579
409	01:54:11	COMBELAS, Claudie	Northbrook A.C	F45	265
414	01:54:26	REID, Steph	Unaffiliated	F45	206
416	01:54:37	WIGLEY, Carole	Saffron Striders	F45	242
439	01:56:46	MORREY, Alison	Unaffiliated	F45	574
440	01:56:47	MARSHALL, Dawn	St Edmunds Pacers	F45	216
441	01:57:05	WRIGHT, Jacqueline	Unaffiliated	F45	223
447	01:57:22	JARDINE, Sandie	Newmarket Joggers	F45	102
456	01:58:48	MACHELL, Carole	Unaffiliated	F45	306
463	01:59:48	MATLOCK, Rosemary	Thetford Athletic Club	F45	380
471	02:01:38	BROAD, Kate	Unaffiliated	F45	553
485	02:03:46	GUYTON, Teresa	Unaffiliated	F45	429
503	02:08:05	BARFORD, Julie	Unaffiliated	F45	649
516	02:12:56	TAYLOR, Jane	Unaffiliated	F45	496
537	02:28:32	PROTHEROE, Sallyann	Lowestoft Road Runners	F45	383
89	01:27:36	EDWARDS, Penny	Norwich Road Runners	F50	541
281	01:43:06	MARSH, Christine	Unaffiliated	F50	611
314	01:45:43	WARD, Beres	City of Norwich AC	F50	548
348	01:48:26	BUTLER, Susan	Unaffiliated	F50	83

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Position	Time	Name	Club	Category	Race Number
370	01:50:43	WILSON, Sandra	Unaffiliated	F50	41
373	01:50:57	POOLE, Carolyn	Norfolk Gazelles	F50	564
431	01:56:14	MOORE, Lynda	Norwich Road Runners	F50	447
468	02:00:38	GILLIE, Sheila	Unaffiliated	F50	215
514	02:09:50	REYNOLDS, Maria	Stowmarket Striders	F50	669
523	02:17:23	HAGGARTY, Elaine	Gt Yarmouth District A C	F50	177
533	02:23:57	CLEGG, Dawn	Unaffiliated	F50	342
198	01:37:22	NORMAN, Pauline	Lowestoft Road Runners	F55	491
288	01:43:42	FLORENCE, Anne	Diss AC	F55	453
387	01:52:47	SPARROW, Pauline	Ryston Runners	F55	501
394	01:53:05	HASELWOOD, Julie	Ipswich Jaffa	F55	560
452	01:58:31	HART, Gill	Ryston Runners	F55	518
542	02:41:41	TAYLOR, Glenda	Stowmarket	F55	167
179	01:35:36	SPONG, Carole	Gt Yarmouth Road Runners	F60	296
289	01:43:42	KINCH, Brenda	North Norfolk Beach Runners	F60	332
318	01:45:59	WOODHOUSE, Gill	Dereham Runners AC	F60	86
361	01:49:26	MARTIN, Anne	Wymondham Athletic Club	F60	416
506	02:08:19	PACEY, Angela	Gt Yarmouth Road Runners	F60	229
529	02:21:42	ATKINSON, Sue	Norfolk Gazelles	F60	255
538	02:34:30	WHITTINGTON, Doreen	Bungay Black Dog Running Club	F60	467