

Bungay Black Dog Running Club

Great East Run 2008 Results in Name Order

Sponsored by Elgood's Brewery of Wisbech and B1st Sports and Leisure of Beccles

Position	Time	Name	Club	Category	Race Number
455	01:58:46	ABBOTT-LEVETT, Carrie	Unaffiliated	F35	642
427	01:55:46	ADAMS, Janet	Brandon Fern Hoppers	F40	358
248	01:40:51	ADAMS, Luke	Unaffiliated	Male Open	444
292	01:43:51	ADAMS, Roger	Brandon Fern Hoppers	Male Open	357
126	01:30:28	ALDIS, David	City of Norwich AC	M55	381
328	01:46:34	ALLEN, Alison	Burnham Joggers	F45	169
293	01:43:55	ALLEN, Charles	Burnham Joggers	M45	170
508	02:08:45	ALLUM, Julie	Ryston Runners	F35	352
1	01:06:18	AMOS, Guy	City of Norwich AC	M40	587
261	01:41:38	ANDERSON, Craig	Bungay Black Dog Running Club	M40	258
160	01:33:27	ANDERSON, Tony	Gt Yarmouth Road Runners	Male Open	502
350	01:48:26	APPLETON, Jane	Unaffiliated	F40	466
247	01:40:40	ARNOLD, Christopher	Unaffiliated	M50	106
37	01:20:27	ASKEW, Nick	City of Norwich AC	M40	495
203	01:37:53	ASKINS, Louise	Unaffiliated	F40	452
529	02:21:42	ATKINSON, Sue	Norfolk Gazelles	F60	255
45	01:22:10	BAILEY, Ian	Unaffiliated	Male Open	293
211	01:38:23	BAILEY, Stuart	Unaffiliated	M40	445
143	01:31:52	BAKER, Geoff	Unaffiliated	M50	9
263	01:41:47	BAKER, Hannah	City of Norwich AC	Female Open	372
354	01:48:48	BAKER, Susanna	Lowestoft Road Runners	F40	660
419	01:54:45	BARDWELL, Sharon	Unaffiliated	F35	109
503	02:08:05	BARFORD, Julie	Unaffiliated	F45	649
495	02:05:26	BARKER, Faye	Lowestoft Road Runners	Female Open	449
358	01:49:18	BARKWAY, Lucy	Diss	Female Open	40
233	01:39:41	BARRETT, Paul	Tri-Anglia	Male Open	572
268	01:41:56	BARROW, Steve	Witham Running Club	Male Open	115
309	01:45:28	BASHAM, Leslie	Stowmarket Striders	M55	432
119	01:30:00	BASSINDER, John	Stainland Lions	M50	631

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Position	Time	Name	Club	Category	Race Number
258	01:41:28	BATTERHAM, Claire	Triathlon Essex	Female Open	638
279	01:42:57	BEACH, Kate	Unaffiliated	Female Open	268
383	01:52:26	BELL, Hannah	Unaffiliated	Female Open	316
66	01:24:48	BELL, Tom	Unaffiliated	Male Open	315
530	02:22:49	BENNETT, Louise	Unaffiliated	Female Open	508
430	01:56:10	BENNETT, Robert	Unaffiliated	M50	461
212	01:38:30	BENNETT, Susan	Unaffiliated	F45	462
536	02:28:06	BETTS, Liam	Unaffiliated	Male Open	183
158	01:33:24	BIRT, Andrew	Unaffiliated	M40	92
519	02:13:52	BLEAY, Elizabeth	Unaffiliated	Female Open	143
73	01:25:38	BOBBINS, Tom	Unaffiliated	Male Open	654
102	01:28:28	BONE, John	Gt Yarmouth Road Runners	M60	389
234	01:39:42	BORKETT, Keith	Hunts AC	M45	17
113	01:29:26	BOWEN, Emily	Colchester Harriers	Female Open	221
510	02:08:54	BRAAT, Lisa	Lowestoft Road Runners	Female Open	110
131	01:30:35	BRADFORD, Paul	Unaffiliated	Male Open	647
483	02:03:27	BRADFORD, Paul	Unaffiliated	Male Open	50
176	01:35:14	BRADLEY, Alan	Norwich Road Runners	M40	360
256	01:41:21	BRADLEY, Sarah	Norwich Road Runners	F45	359
404	01:53:55	BRIGHT, Stephen	British Athletics Supporters	M40	399
270	01:42:12	BRIGHTY, Keith	Norwich Road Runners	M40	356
411	01:54:12	BRITT, Tony	Unaffiliated	M50	163
471	02:01:38	BROAD, Kate	Unaffiliated	F45	553
92	01:27:53	BROAD, Kevin	MPAA	M45	554
79	01:26:31	BROOKS, Suzannah	Norfolk Gazelles	Female Open	636
97	01:28:12	BROOKSHAW, Paul	Gt Yarmouth Road Runners	M45	260
351	01:48:30	BROSTER, Linsey	Dereham Runners AC	F35	345
303	01:44:59	BROWN, Hugh	Unaffiliated	Male Open	300
86	01:27:16	BROWN, Mark	Unaffiliated	Male Open	566

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Position	Time	Name	Club	Category	Race Number
330	01:46:42	BROWN, Paul	Unaffiliated	Male Open	608
432	01:56:27	BROWNE, Simon	Stowmarket Striders	M45	286
133	01:30:40	BROWNING, James	Triathlon Essex	Male Open	632
424	01:55:13	BULMAN, Richard	Reepham Runners	M55	160
14	01:15:10	BUNN, Andrew	Norwich Road Runners	Male Open	637
434	01:56:37	BUNTING, Simon	Lowestoft Road Runners	M40	100
347	01:48:25	BURNS, Chris	Unaffiliated	Male Open	96
336	01:47:23	BURRAGE, Andrew	Norfolk Gazelles	M50	492
403	01:53:39	BURROWS, Mark	Unaffiliated	M40	82
367	01:50:21	BURT, Chloe	Witham Running Club	Female Open	114
129	01:30:31	BURTON, John	City of Norwich AC	M55	457
433	01:56:29	BUTLER, Simon	Unaffiliated	M40	186
348	01:48:26	BUTLER, Susan	Unaffiliated	F50	83
438	01:56:46	CALVER, Eloise	St Edmunds Pacers	F40	299
54	01:23:17	CALVER, Vince	Felixstowe Road Runners	Male Open	644
175	01:35:04	CAMPBELL, Rory	Dereham Runners AC	M45	595
344	01:48:20	CAMPBELL, Ross	Tri-Anglia	M45	460
272	01:42:20	CARFOOT, Catharine	Triathlon Essex	Female Open	624
254	01:41:08	CARTER, Clare	Unaffiliated	F40	478
491	02:04:55	CARTER, Colin	Unaffiliated	M65	477
382	01:52:25	CARTER, Nicholas	Lowestoft Road Runners	M65	408
486	02:04:21	CARTER, Stephen	Unaffiliated	M45	438
377	01:51:38	CARTWRIGHT, Barry	Lowestoft Road Runners	Male Open	661
251	01:41:01	CASBARD, Eve	Unaffiliated	Female Open	347
64	01:24:44	CAWTHORNE, Helen	Redhill Road Runners Notts.	F45	373
58	01:23:52	CHAMBERLAIN, Michael	Norwich Road Runners	M45	459
467	02:00:14	CHAPLIN, Andrew	Pitsea Running Club	Male Open	535
140	01:31:13	CHAPMAN, Peter	Tri-Anglia	M45	473
75	01:26:07	CHENERY, Duncan	Ipswich Jaffa	M45	259

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Position	Time	Name	Club	Category	Race Number
395	01:53:07	CHILVERS, Richard	Unaffiliated	M40	431
368	01:50:31	CHIPPERFIELD, Grant	Unaffiliated	Male Open	376
333	01:46:55	CHITTY, John	Unaffiliated	M40	307
413	01:54:25	CHRISTOPHER, Ashley	Unaffiliated	M45	210
461	01:59:20	CHRISTOPHER, Helen	Unaffiliated	F40	209
245	01:40:31	CLARK, Richard	The Saxons	M40	108
81	01:26:39	CLARKE, Neville	Newmarket Joggers	M50	594
55	01:23:24	CLARKE, Russell	Wymondham Athletic Club	M50	308
114	01:29:28	CLAY, Mark	Alchester	Male Open	122
401	01:53:37	CLAYDEN, Steve	Riverside Runners	M40	185
154	01:33:16	CLAYSON, Ben	Petts Wood Runners	M45	620
312	01:45:40	CLEARY, Jon	Unaffiliated	Male Open	135
533	02:23:57	CLEGG, Dawn	Unaffiliated	F50	342
534	02:23:57	CLEGG, Karly	Unaffiliated	Female Open	336
229	01:39:34	CLINTON, Peter	Unaffiliated	M45	421
46	01:22:21	CLUES, Mark	Tri-Anglia	M40	77
142	01:31:36	COLE, Gavin	Bungay Black Dog Running Club	Male Open	482
96	01:28:10	COLEMAN, Jamie	North Norfolk Beach Runners	Male Open	65
208	01:38:12	COLLINS, Paul	Unaffiliated	Male Open	427
202	01:37:51	COLMAN, Mark	Unaffiliated	Male Open	424
409	01:54:11	COMBELAS, Claudie	Northbrook A.C	F45	265
479	02:02:54	COOK, Jayne	Wymondham Athletic Club	F40	450
374	01:51:07	COOKE, Sue	City of Norwich AC	F45	245
462	01:59:23	COOMBES, Roger	Unaffiliated	M60	658
246	01:40:36	COOPER, Dale	Wymondham Athletic Club	M45	211
321	01:46:10	COOPER, Philip	Felixstowe Road Runners	M50	240
42	01:21:37	COPLAND, Dave	Ipswich Triathlon Club	M40	596
417	01:54:38	CORBETT, Michael	Unaffiliated	M40	78
393	01:53:03	CORBY, Colin	Blackwater Tri	M45	16

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Position	Time	Name	Club	Category	Race Number
480	02:02:55	COYSH, Katy	Unaffiliated	Female Open	227
99	01:28:16	CRAVEN, Dave	Unaffiliated	Male Open	139
453	01:58:34	CRISP, Clare	Unaffiliated	Female Open	320
125	01:30:27	CROFTS, Tanya	Wymondham Athletic Club	Female Open	80
85	01:27:14	CROUCHER, Anthony	Gt Yarmouth Road Runners	Male Open	420
177	01:35:31	CURRAN, Stepehen	Woodbridge Shufflers R. C	M40	652
399	01:53:30	DAKIN, Robert	Unaffiliated	M60	325
457	01:58:50	DALBY, Mary	Unaffiliated	F40	504
76	01:26:13	DALE, Ady	Unaffiliated	Male Open	339
51	01:22:47	DAUGHERTY, Duane	Unaffiliated	M45	142
91	01:27:52	DAVEY, Claire	Waveney Valley A.C.	Female Open	527
474	02:01:58	DAVIDSON, Catherine	Waveney Valley A.C.	Female Open	313
101	01:28:23	DAVIES, Robert	Unaffiliated	M40	274
3	01:09:02	DAVISON, Neil	City of Norwich AC	Male Open	285
541	02:40:25	DAWES, Deborah	Unaffiliated	F35	485
21	01:16:47	DAWSON, Alan	St Edmunds Pacers	M50	584
436	01:56:44	DAWSON, Gemma	Unaffiliated	Female Open	484
285	01:43:28	DAWSON, Lorrain	Unaffiliated	F45	42
87	01:27:19	DAY, Andrew	Petts Wood Runners	Male Open	10
475	02:01:58	DAYKIN, Robert	Unaffiliated	M60	271
412	01:54:16	DE BOER, Agatha	Unaffiliated	F35	537
275	01:42:41	DEFERNEZ, Marianne	Unaffiliated	F35	498
238	01:40:15	DENOTTI, Lena	Unaffiliated	Female Open	575
59	01:24:00	DISNEY, Richard	Reading A.C	M50	418
206	01:38:05	DODD, Chris	Unaffiliated	Male Open	288
477	02:02:16	DODIMEAD, Jinny	Unaffiliated	Female Open	578
90	01:27:40	DOIG, Adrian	Stowmarket Striders	Male Open	516
192	01:36:53	DOWNES, Malcolm	Unaffiliated	M45	650
316	01:45:49	DOYLE, Craig	Unaffiliated	Male Open	203

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Position	Time	Name	Club	Category	Race Number
259	01:41:29	DRIVER, Helen	Diss AC	Female Open	133
331	01:46:44	DURRANT, Mark	Unaffiliated	M40	48
123	01:30:19	DYE, Richard	Bungay Black Dog Running Club	M45	515
80	01:26:34	EARL, Tim	Triathlon Essex	Male Open	621
349	01:48:26	EASTERBROOK, Hugh	Serpentine Running Club	M50	570
284	01:43:21	EDGE, Nigel	Bungay Black Dog Running Club	M40	700
89	01:27:36	EDWARDS, Penny	Norwich Road Runners	F50	541
356	01:49:05	EGAN, Gaynor	Tri-Anglia	F40	201
294	01:43:56	ELFLETT, Mark	Lowestoft Road Runners	M40	500
322	01:46:22	ELLIS, Matt	Lowestoft Road Runners	Male Open	626
209	01:38:15	ELLIS, Mike	Unaffiliated	M45	207
311	01:45:36	EL-SAWF, Hadgy	Unaffiliated	M50	667
78	01:26:25	EMERY, Trevor	North Norfolk Beach Runners	M55	64
39	01:20:54	EPPS, Terry	Wymondham Athletic Club	M50	324
122	01:30:09	ETHERINGTON, Stephen	Gt Yarmouth Road Runners	M45	521
150	01:33:00	EVANS, Llyod	Unaffiliated	Male Open	267
32	01:18:29	EVANS-HART, John	Unaffiliated	Male Open	666
362	01:49:34	FARRAR, Robin	Bungay Black Dog Running Club	M65	247
301	01:44:51	FARRELL, Donal	Unaffiliated	Male Open	540
406	01:53:57	FEAR, Mandy	Stowmarket Striders	F35	525
266	01:41:50	FINEGAN, Tim	Felixstowe Road Runners	M45	442
230	01:39:37	FISHER, Ian	Unaffiliated	M45	91
217	01:38:51	FISHER, Joe	Unaffiliated	M40	79
239	01:40:17	FISHER, Melanie	Ely Runners	Female Open	191
369	01:50:40	FLAHERTY, Kealie	Unaffiliated	Female Open	475
168	01:34:24	FLEMING, Matthew	Unaffiliated	M40	39
11	01:13:59	FLOOD, Chris	Cambridge & Coleridge AC	Male Open	622
288	01:43:42	FLORENCE, Anne	Diss AC	F55	453
297	01:44:25	FOX, Charlotte	Unaffiliated	F40	479

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Position	Time	Name	Club	Category	Race Number
492	02:04:55	FOX, Jonathan	Unaffiliated	M40	480
357	01:49:12	FRASER, Sue	Gt Yarmouth District A C	F45	262
204	01:37:59	FREEMAN, Dennis	City of Norwich AC	M60	146
136	01:31:07	FRETWELL, Andrew	Norwich Road Runners	M45	580
295	01:44:07	FRIBBENS, Mark	Halstead Road Runners	M40	562
512	02:09:37	FRIED, Bertrand	Unaffiliated	M65	531
105	01:28:47	FRISTON, Simon	Unaffiliated	M40	565
135	01:30:49	GALLARD, Richard	Waveney Valley A.C.	Male Open	436
504	02:08:06	GALLARD, Stephanie	Raveningham Runners	F35	437
169	01:34:30	GARDNER, Tony	Colchester & Tendring A.C	M40	322
278	01:42:56	GATENBY, Hugh	Unaffiliated	M55	645
185	01:36:10	GAY, Christopher	Gt Yarmouth District A C	M40	178
193	01:36:59	GEE, Kevin	Norwich Road Runners	M45	46
28	01:17:30	GEITNER, Joseph	City of Norwich AC	M40	627
112	01:29:25	GEORGE, David	Norwich Road Runners	M40	281
366	01:50:08	GEORGE, Melanie	Wymondham Athletic Club	Female Open	612
326	01:46:32	GHANT, Debbie	Stowmarket Striders	F40	555
146	01:32:08	GILBERT, Andrew	Unaffiliated	M40	346
257	01:41:27	GILHAM, Richard	Norfolk Gazelles	M45	213
468	02:00:38	GILLIE, Sheila	Unaffiliated	F50	215
15	01:15:19	GLAYSHER, Stefan	City of Norwich AC	M45	121
391	01:52:56	GODWIN, Lisa	Unaffiliated	F35	120
372	01:50:51	GOODWIN, Jon	Unaffiliated	Male Open	238
153	01:33:12	GOULDING, Jeremy	Ipswich Jaffa	Male Open	563
18	01:16:16	GRAY, Neil	Unaffiliated	Male Open	235
464	01:59:57	GREEB, Sean	Unaffiliated	M40	629
201	01:37:44	GREEN, Debbie	City of Norwich AC	F35	592
67	01:24:52	GREEN, Matthew	Norfolk Gazelles	Male Open	249
38	01:20:53	GREEN, Stuart	Stowmarket Striders	M45	374

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Position	Time	Name	Club	Category	Race Number
65	01:24:47	GREENLAND, Eddie	Wymondham Athletic Club	M40	439
381	01:52:19	GROVES, Chris	Unaffiliated	M55	577
194	01:37:02	GROVES, Paul	Coltishall Jaguars	M40	458
524	02:18:48	GUYMER, John	Unaffiliated	M50	617
485	02:03:46	GUYTON, Teresa	Unaffiliated	F45	429
523	02:17:23	HAGGARTY, Elaine	Gt Yarmouth District A C	F50	177
232	01:39:40	HALE, Kenneth	Unaffiliated	M50	236
252	01:41:02	HALL, Will	Tri-Anglia	Male Open	659
465	02:00:06	HALLAM, Diane	Raveningham Runners	F40	241
241	01:40:25	HANNAY, Mark	Unaffiliated	Male Open	673
380	01:52:02	HARROP, Jackie	Norfolk Gazelles	F45	579
452	01:58:31	HART, Gill	Ryston Runners	F55	518
394	01:53:05	HASELWOOD, Julie	Ipswich Jaffa	F55	560
286	01:43:37	HASTINGS, Barry	Unaffiliated	M40	428
505	02:08:17	HASWELL, Shelli	Unaffiliated	F35	511
334	01:46:58	HATTON, Karen	St Edmunds Pacers	F45	387
83	01:27:01	HAUGHTON, Colin	Unaffiliated	Male Open	514
528	02:19:44	HAWKINS, Ross	Unaffiliated	Male Open	128
184	01:36:01	HEASMAN, Dave	Unaffiliated	M40	640
249	01:40:52	HEATH, Tony	North Norfolk Beach Runners	M55	361
422	01:54:59	HEMMINGS, Rachel	Unaffiliated	Female Open	21
218	01:38:58	HERROD, Nigel	Waveney Valley A.C.	M50	625
159	01:33:26	HESP, Andrew	Unaffiliated	Male Open	571
478	02:02:21	HEWETSON, Brian	Northbrook A.C	M45	266
181	01:35:48	HIGGINS, Carl	Thetford Athletic Club	M45	14
299	01:44:41	HILL, James	Unaffiliated	Male Open	292
88	01:27:32	HILL, Leslie	Norfolk Gazelles	M45	472
405	01:53:55	HILL, Nicholas	Unaffiliated	Male Open	668
228	01:39:30	HILL, Nicola	Unaffiliated	Female Open	430

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49	01:22:24	HILL, Raymond	Ipswich Jaffa	M55	598
207	01:38:09	HILLS, John	Gt Yarmouth Road Runners	M60	335
454	01:58:35	HILTON, Gemma	Unaffiliated	Female Open	130
165	01:33:55	HINE, Adrian	Felixstowe Road Runners	M40	107
36	01:19:52	HODGE, Nigel	City of Norwich AC	Male Open	528
253	01:41:07	HOGARTH, Paul	City of London Police A.C	M40	534
307	01:45:21	HOGG, Darren	Unaffiliated	Male Open	138
103	01:28:38	HOLLAND, Neil	Wymondham Athletic Club	M45	433
167	01:34:02	HOLLEY, Kevin	Unaffiliated	M40	284
244	01:40:30	HOLT, John	Unaffiliated	M60	321
408	01:54:09	HORGAN, John	100 Marathon Club	M50	410
70	01:25:25	HORNE, Paul	Vegetarian Cycling & Athletic	M45	154
30	01:18:16	HORNEY, Nigel	Keswick A.C	M45	174
82	01:26:53	HORNSEY, Joseph	Diss	Male Open	132
313	01:45:41	HORREX, Trevor	Norwich Road Runners	M45	558
138	01:31:09	HOULSTON, Howard	Herne Hill Harriers	Male Open	662
271	01:42:16	HOWARD, Barry	Unaffiliated	Male Open	302
527	02:19:18	HOWE, Gary	Saffron Striders	M45	248
106	01:28:48	HUDSON, David	Tri-Anglia	Male Open	610
95	01:28:00	HUDSON, John	Unaffiliated	Male Open	600
402	01:53:39	HULSE, Anne	Unaffiliated	F40	81
255	01:41:10	HUMPHREYS, Jon	Unaffiliated	M45	497
236	01:39:46	HUNT, Sally Anne	Unaffiliated	F35	641
20	01:16:35	INDER, Harley	Ealing, Southall & Middlesex	Male Open	557
163	01:33:49	IRVINE, Andy	Cambridge & Coleridge AC	M40	173
237	01:40:02	JACK, John	Norwich Road Runners	M50	200
53	01:23:06	JAGGER, Mark	Metropolitan Police	Male Open	651
155	01:33:17	JAMES, Robert	Bungay Black Dog Running Club	Male Open	423
447	01:57:22	JARDINE, Sandie	Newmarket Joggers	F45	102

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418	01:54:45	JARVIS, Naomi	Unaffiliated	Female Open	117
72	01:25:37	JENLEY, Graham	Unaffiliated	Male Open	672
435	01:56:41	JENNINGS, Dean	Unaffiliated	M45	180
460	01:59:11	JENNINGS, Kevin	Ely Runners	M45	385
221	01:39:16	JOHNSON, Iain	Deal	Male Open	653
4	01:09:56	JONES, Andy	City of Norwich AC	Male Open	499
107	01:28:55	JONES, Christopher	The Saxons	M45	365
499	02:06:43	JONES, Lucy	Unaffiliated	Female Open	4
26	01:17:22	JORDAN, Tamara	Stowmarket Striders	Female Open	520
7	01:10:43	KEEBLE, Ian	Stowmarket Striders	Male Open	530
304	01:45:09	KEEP, John	Ranelagh Harriers	Male Open	283
540	02:37:07	KELLY, James	Framlingham Flyers	M65	590
57	01:23:47	KEMP, Jon	Unaffiliated	Male Open	589
379	01:51:52	KENNELLY, Julia	Wymondham Athletic Club	F35	253
84	01:27:04	KENYON, Steve	Waveney Valley A.C.	M40	614
289	01:43:42	KINCH, Brenda	North Norfolk Beach Runners	F60	332
496	02:06:07	KING, Caroline	Unaffiliated	Female Open	22
224	01:39:23	KING, Michael	Unaffiliated	M55	118
520	02:16:04	KING, Tracey	Unaffiliated	Female Open	474
47	01:22:22	KINSMAN, Daniel	The Saxons	Male Open	547
124	01:30:21	KNIGHT, Anthony	Thrift Green Trotters	Male Open	412
420	01:54:46	KONOPKA, Thomas	Sudbury Joggers	Male Open	196
196	01:37:05	LAMBERT, Catherine	Unaffiliated	F40	204
310	01:45:34	LAMBERT, John	Ipswich Jaffa	M60	607
364	01:49:42	LAMBERT, Paula	Waveney Valley A.C.	F35	123
220	01:39:14	LAMPSHIRE, Michael	Unaffiliated	Male Open	529
363	01:49:40	LANE, David	Ryston Runners	M40	517
29	01:18:10	LARK, Shaun	Lowestoft Road Runners	Male Open	218
472	02:01:49	LAWRENCE, Kelli	Unaffiliated	Female Open	398

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Position	Time	Name	Club	Category	Race Number
151	01:33:01	LAWRENCE, Tony	Brandon Fern Hoppers	M40	670
226	01:39:24	LAY, James	Unaffiliated	Male Open	224
62	01:24:28	LEATHWOOD, Rachael	Reepham Runners	Female Open	425
116	01:29:47	LEAVER, Michael	Unaffiliated	Male Open	311
497	02:06:14	LEROY, Rob	Unaffiliated	Male Open	569
273	01:42:37	LESTER, Thomas	Ipswich Jaffa	Male Open	252
429	01:55:59	LEVANS, David	Felixstowe Road Runners	M45	451
25	01:17:21	LEVERSEDGE, John	Enfield & Harinsey AC	M50	44
111	01:29:22	LINES, Rob	Tri-Anglia	Male Open	250
398	01:53:26	LOADMAN, Neil	Tri-Anglia	Male Open	422
421	01:54:47	LONG, Jason	Unaffiliated	Male Open	505
10	01:13:00	LOUND, Charles	Dulwich Runners	M40	411
371	01:50:50	LOWE, Andrea	Unaffiliated	F45	234
13	01:15:00	LOWE, Joseph	Highgate Harriers	Male Open	665
197	01:37:14	LOWTHORPQ, Shaun	Unaffiliated	Male Open	85
200	01:37:34	MABLESON, Richard	Unaffiliated	Male Open	441
243	01:40:27	MABLESON, Stephen	Unaffiliated	Male Open	512
456	01:58:48	MACHELL, Carole	Unaffiliated	F45	306
274	01:42:38	MAN, Angela	Unaffiliated	F35	397
287	01:43:38	MANNING, Karen	Gt Yarmouth Road Runners	F35	279
481	02:03:25	MARLEY, Victoria	Unaffiliated	F40	51
222	01:39:21	MARR, Irvine	Ipswich Jaffa	Male Open	591
281	01:43:06	MARSH, Christine	Unaffiliated	F50	611
117	01:30:00	MARSH, David	Ipswich Jaffa	Male Open	551
342	01:48:11	MARSH, Jason	Unaffiliated	Male Open	310
440	01:56:47	MARSHALL, Dawn	St Edmunds Pacers	F45	216
361	01:49:26	MARTIN, Anne	Wymondham Athletic Club	F60	416
535	02:28:05	MARTIN, Ashlea	Unaffiliated	Female Open	378
463	01:59:48	MATLOCK, Rosemary	Thetford Athletic Club	F45	380

Bungay Black Dog Running Club

Great East Run 2008 Results in Name Order

Sponsored by Elgood's Brewery of Wisbech and B1st Sports and Leisure of Beccles

Position	Time	Name	Club	Category	Race Number
276	01:42:48	MATTHEWS, Peter	Unaffiliated	M40	251
317	01:45:56	MAULKERSON, Rosalind	Unaffiliated	F40	581
137	01:31:08	MAWBY, Samantha	Cambridge & Coleridge AC	Female Open	379
488	02:04:48	MAWER, Roger	Lowestoft Road Runners	M65	522
260	01:41:34	MAYCOCK, Carol	Bungay Black Dog Running Club	F45	71
48	01:22:22	MAYCOCK, James	Waveney Valley A.C.	Male Open	73
127	01:30:29	MCARDLE, Paul	Unaffiliated	M40	646
128	01:30:30	MCCOLL, James	Unaffiliated	Male Open	368
378	01:51:43	MCCOLL, William	Unaffiliated	M45	369
302	01:44:52	MCDERMOTTROE, Joe	Unaffiliated	Male Open	470
109	01:29:03	MCGRAIN, Jon	Unaffiliated	Male Open	333
450	01:57:29	MCLEAN, Tracey	Unaffiliated	F35	28
145	01:31:59	MCMASTER, Adam	Unaffiliated	Male Open	8
6	01:10:36	MCNEELY, Darren	Serpentine Running Club	Male Open	510
332	01:46:54	MEECHAM, Simon	Ipswich Jaffa	Male Open	15
2	01:06:59	MERCKEL, Dan	Oxford City AC	Male Open	469
17	01:15:54	MERRYLEES, Chris	North Norfolk Beach Runners	Male Open	657
410	01:54:12	MIDDLETON, Charlie	Norfolk Gazelles	M40	343
16	01:15:52	MIDDLETON, Daniel	Unaffiliated	Male Open	606
444	01:57:14	MINTER, Sarah	Unaffiliated	Female Open	157
458	01:59:05	MOFFAT, Alex	Unaffiliated	F40	464
482	02:03:26	MOGRIDGE, Stuart	Unaffiliated	Male Open	52
375	01:51:16	MOORE, Cliff	Unaffiliated	M60	542
56	01:23:43	MOORE, John	Norfolk Gazelles	M45	148
431	01:56:14	MOORE, Lynda	Norwich Road Runners	F50	447
9	01:11:21	MOORE, Richard	Waveney Valley A.C.	M40	393
250	01:40:55	MOREAU, Alexis	Unaffiliated	Male Open	552
439	01:56:46	MORREY, Alison	Unaffiliated	F45	574
186	01:36:14	MOULD, David	Bushfield Joggers	M40	127

Bungay Black Dog Running Club

Great East Run 2008 Results in Name Order

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Position	Time	Name	Club	Category	Race Number
428	01:55:54	MUNDAY, Susanna	Stowmarket Striders	Female Open	278
388	01:52:48	NAIR, Raj	Unaffiliated	Male Open	443
130	01:30:31	NAREY, Mary	Stowmarket Striders	F40	409
8	01:11:04	NASH, John	Nene Valley Harriers	Male Open	476
487	02:04:39	NASMYTH-MILLER, Sarah	Unaffiliated	F40	488
262	01:41:39	NEY, David	Unaffiliated	M55	312
494	02:05:16	NICHOLLS, Kerry	Unaffiliated	F35	144
147	01:32:24	NICHOLS, Andrew	Unaffiliated	Male Open	582
449	01:57:28	NORMAN, Gary	Unaffiliated	M45	415
198	01:37:22	NORMAN, Pauline	Lowestoft Road Runners	F55	491
513	02:09:38	NUTH, Brian	UEA Medsoc	Male Open	287
502	02:07:19	NUTT, Tracey	Unaffiliated	F40	619
345	01:48:23	O'CONNOR, Michael	North Norfolk Beach Runners	M55	448
121	01:30:06	O'MALLEY, Paul	North Norfolk Beach Runners	Male Open	507
442	01:57:10	OWEN, Sarah	British Athletics Supporters	F40	400
506	02:08:19	PACEY, Angela	Gt Yarmouth Road Runners	F60	229
448	01:57:27	PALMER, Joanne	Diss AC	F35	137
459	01:59:07	PALMER, Stuart	Unaffiliated	Male Open	49
325	01:46:30	PANG, Chun Lap	Unaffiliated	Male Open	539
33	01:18:40	PARFITT, Dena	North Norfolk Beach Runners	F45	655
40	01:20:57	PARFITT, Kevin	North Norfolk Beach Runners	M45	656
511	02:09:35	PARKER, Ed	Unaffiliated	Male Open	125
339	01:47:48	PARTNER, Bill	Unaffiliated	Male Open	280
157	01:33:21	PATTERSON, Ben	Unaffiliated	Male Open	468
308	01:45:22	PAYNE, Darren	Woodbridge Surfers	M40	277
319	01:46:05	PEPPER, Aimee	Unaffiliated	Female Open	634
283	01:43:13	PERKS, Benjamin	Unaffiliated	M45	568
306	01:45:11	PETER, Lennard	Ipswich Triathlon Club	M50	166
34	01:19:18	PETERSON, Garth	Brandon Fern Hoppers	M45	633

Bungay Black Dog Running Club

Great East Run 2008 Results in Name Order

Sponsored by Elgood's Brewery of Wisbech and B1st Sports and Leisure of Beccles

Position	Time	Name	Club	Category	Race Number
353	01:48:34	PETTIFER, John	Pitsea Running Club	M60	402
305	01:45:09	PETTIFER, Lorna	Pitsea Running Club	F40	403
22	01:16:52	PETTIT, Stephen	Ely Runners	M40	70
63	01:24:31	PHILLIPS, Lee	Saxmundham Saxons	Male Open	276
507	02:08:45	PHILLIPS, Roy	Lowestoft Road Runners	M40	30
93	01:27:55	PHILO, Mark	Tri-Anglia	Male Open	291
216	01:38:49	PIGOTT SMITH, Tom	Unaffiliated	Male Open	597
376	01:51:31	PILCH, Richard	Unaffiliated	M60	455
517	02:13:24	PITMAN, Steve	Unaffiliated	Male Open	151
264	01:41:47	POLLEY, Richard	City of Norwich AC	M50	391
373	01:50:57	POOLE, Carolyn	Norfolk Gazelles	F50	564
385	01:52:39	POTTER, Lisa	Waveney Valley A.C.	Female Open	243
35	01:19:31	POTTER, Mark	Waveney Valley A.C.	Male Open	244
389	01:52:51	POUNDALL, Stephen	Unaffiliated	Male Open	426
282	01:43:08	POXON, Martyn	Unaffiliated	M50	23
12	01:14:39	PREWER, Carl	Lowestoft Road Runners	Male Open	543
400	01:53:32	PROFFITT, Ed	Unaffiliated	Male Open	503
537	02:28:32	PROTHEROE, Sallyann	Lowestoft Road Runners	F45	383
180	01:35:46	PURNELL, Ann	Unaffiliated	Female Open	195
323	01:46:26	PURSER, Kevin	Unaffiliated	M45	309
98	01:28:14	PYCROFT, Christopher	Thorney	M45	639
341	01:48:08	PYE, Geoff	Club Woodham Runners	M50	623
27	01:17:27	QUANTRILL, Phil	Gt Yarmouth Road Runners	Male Open	532
470	02:01:04	QUENTIN-HICKS, Kate	City of Norwich AC	Female Open	232
173	01:34:43	RAYNER, Bruce	Bungay Black Dog Running Club	M45	544
539	02:35:11	READER, Frank	Norwich Road Runners	M60	301
5	01:10:10	REED, David	St Edmunds Pacers	M45	648
390	01:52:51	REEVE, Danny	Unaffiliated	Male Open	179
195	01:37:04	REEVE, Sean	Unaffiliated	Male Open	72

Bungay Black Dog Running Club

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Position	Time	Name	Club	Category	Race Number
188	01:36:15	REEVE, Simon	Unaffiliated	M40	471
156	01:33:19	REID, Ian	Unaffiliated	M50	134
414	01:54:26	REID, Steph	Unaffiliated	F45	206
68	01:24:54	RENDELL-READ, Steven	Lowestoft Road Runners	M40	153
352	01:48:33	RENDELL-READ, Susan	Lowestoft Road Runners	F40	152
110	01:29:16	RENPHREY, Tom	Unaffiliated	M40	141
290	01:43:47	RENSHAW, Kenneth	Dereham Runners AC	M45	264
514	02:09:50	REYNOLDS, Maria	Stowmarket Striders	F50	669
178	01:35:34	RICHES, Mark	Unaffiliated	M40	29
355	01:49:03	RICKETT, Jane	Unaffiliated	F40	319
174	01:34:46	RISEBOROUGH, Sam	Unaffiliated	Male Open	198
484	02:03:28	ROBERTS, Hayley	Unaffiliated	F35	367
397	01:53:19	ROBINSON, Paul	Unaffiliated	M40	212
19	01:16:25	ROONEY, Kevin	Inter City Strollers	M40	663
500	02:06:56	ROSE, David	Unaffiliated	M40	68
509	02:08:48	ROWNTREE, David	Ranelagh Harriers	M55	282
476	02:02:16	RUDD, Philippa	Unaffiliated	F40	576
108	01:29:02	RUSH, Jason	Unaffiliated	Male Open	43
267	01:41:52	RUSH, Susannah	Unaffiliated	F35	549
31	01:18:16	SAGE, Alex	Unaffiliated	Male Open	76
338	01:47:38	SAMKIN, James	Bungay Black Dog Running Club	M40	84
24	01:17:18	SAUNDERS, David	Leicester Coritanians	M40	161
298	01:44:26	SAUNDERS, Mark	Unaffiliated	M40	226
94	01:27:57	SAVAGE, Paul	Unaffiliated	Male Open	340
132	01:30:36	SAVORY, Andrew	Norwich Road Runners	M40	404
104	01:28:43	SAWYER, Robin	Bungay Black Dog Running Club	Male Open	643
296	01:44:11	SAYRE, Alexander	Unaffiliated	Male Open	635
315	01:45:44	SCARFO, Anthony	Unaffiliated	Male Open	2
365	01:49:55	SEWELL, Michael	Hayes & Harlington Road	Male Open	354

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Great East Run 2008 Results in Name Order

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Position	Time	Name	Club	Category	Race Number
225	01:39:23	SHELDON, Tim	Unaffiliated	M45	54
205	01:38:00	SHEPPARD, Dean	Ely Runners	Male Open	89
320	01:46:09	SHERWIN, Kate	Felixstowe Road Runners	F40	239
199	01:37:32	SHEVLIN, Stuart	Unaffiliated	Male Open	95
223	01:39:22	SHORT, Ray	St Edmunds Pacers	M60	546
171	01:34:39	SHURIAH, Horace	Haverhill Running Club	Male Open	113
269	01:41:58	SIDDIQI, Abdul	Unaffiliated	Male Open	193
189	01:36:29	SILLETT, Graham	Unaffiliated	M45	254
490	02:04:54	SIMMONDS, Sally	Unaffiliated	F40	327
161	01:33:33	SKIMSHIRE, Chris	Woodbridge Shufflers R. C	M55	396
340	01:48:03	SLACK, Philippa	Kingston & Polytechnic	Female Open	588
215	01:38:48	SLATTER, David	Unaffiliated	M40	355
183	01:36:00	SMITH, Andrew	Bungay Black Dog Running Club	M55	6
280	01:42:59	SMITH, Angharad	Unaffiliated	Female Open	384
190	01:36:46	SMITH, Barry	Lowestoft Road Runners	M45	601
324	01:46:29	SMITH, Corrina	Thetford Athletic Club	F40	53
469	02:01:01	SMITH, Ian	Unaffiliated	M40	602
120	01:30:04	SMITH, Kevin	Lowestoft Road Runners	M40	593
231	01:39:39	SMITH, Mike	Wymondham Athletic Club	M65	382
172	01:34:42	SMITH, Vincent	Stowmarket Striders	Male Open	337
277	01:42:55	SMITH, Wayne	Unaffiliated	Male Open	192
387	01:52:47	SPARROW, Pauline	Ryston Runners	F55	501
445	01:57:15	SPEED, David	Unaffiliated	M55	88
446	01:57:21	SPINKS, Roger	Ipswich Jaffa	M65	45
526	02:18:55	SPONG, Albert	Gt Yarmouth Road Runners	M65	295
179	01:35:36	SPONG, Carole	Gt Yarmouth Road Runners	F60	296
473	02:01:57	STAINES, Christopher	Unaffiliated	M60	290
532	02:23:24	STAMFORD, John	Pitsea Running Club	M40	586
43	01:21:54	STARK, Colin	North Norfolk Beach Runners	Male Open	190

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Position	Time	Name	Club	Category	Race Number
235	01:39:44	STEVENS, Tracy	Wymondham Athletic Club	F35	417
219	01:38:59	STOCKS, Alice	Ashbourne	F40	509
451	01:58:13	STONE, Rebecca	Unaffiliated	Female Open	219
525	02:18:49	STORY, Anthony	Unaffiliated	M50	616
291	01:43:50	STUBLEY, Kevin	Unaffiliated	Male Open	18
518	02:13:49	SULLIVAN, Genette	Norwich Road Runners	F40	405
23	01:16:57	SULLIVAN, Paul	Norwich Road Runners	M40	406
346	01:48:24	SUMMERS, Lucy	Unaffiliated	Female Open	197
144	01:31:53	SUTTLE, Haley	Stowmarket Striders	F40	559
337	01:47:26	SYKES, Jonathan	Ely Runners	M45	375
187	01:36:14	SYMONDS, Lisa	Unaffiliated	F35	323
191	01:36:52	TARLOW, Ben	Unaffiliated	Male Open	526
542	02:41:41	TAYLOR, Glenda	Stowmarket	F55	167
50	01:22:28	TAYLOR, Ian	Bungay Black Dog Running Club	M40	136
148	01:32:25	TAYLOR, Ian	Road Runners Club	M50	275
516	02:12:56	TAYLOR, Jane	Unaffiliated	F45	496
386	01:52:41	TEAGUE, Nicky	Unaffiliated	F40	36
466	02:00:08	TEMPLEMAN, Clare	Unaffiliated	F40	328
493	02:04:57	TESTER, Michel	Unaffiliated	M45	513
149	01:32:54	THEAKER, Darren	Unaffiliated	Male Open	388
52	01:22:51	THOMPSON, Gary	Ipswich Jaffa	Male Open	13
118	01:30:00	THOMPSON, Peter	Norfolk Gazelles	M50	294
407	01:54:05	THORNE, Katherine	Unaffiliated	Female Open	628
515	02:11:18	THOULESS, Colin	Norwich Road Runners	M65	362
162	01:33:42	THOULESS, Gavin	Norwich Road Runners	Male Open	363
489	02:04:51	THURSTON, Charles	Unaffiliated	M45	440
425	01:55:38	TOMS, David	Brandon Fern Hoppers	M55	671
134	01:30:42	TOYNTON, Katie	Cambridge & Coleridge AC	Female Open	131
77	01:26:14	TURNER, Andrew	Unaffiliated	M40	228

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Position	Time	Name	Club	Category	Race Number
522	02:16:56	TURNER, Brian	Ipswich Jaffa	M65	519
213	01:38:36	TYLER, Tim	Norwich Road Runners	M45	87
210	01:38:23	TYRRELL, Jonathan	Tri-Anglia	Male Open	31
327	01:46:33	VAN BOURGONDIEN, Marie-Jose	Unaffiliated	Female Open	3
423	01:55:07	VELLA, Carl	Haverhill Running Club	Male Open	603
41	01:21:20	VICKERS, Ben	Unaffiliated	M40	101
343	01:48:19	VON GLASOW, Roland	Unaffiliated	Male Open	269
152	01:33:05	WALNE, Jason	Unaffiliated	Male Open	98
498	02:06:15	WALTERS, Katy	City of Norwich AC	Female Open	32
141	01:31:16	WANKOWSKI, John	Ipswich Triathlon Club	Male Open	674
314	01:45:43	WARD, Beres	City of Norwich AC	F50	548
396	01:53:13	WARD, Jo	Unaffiliated	Female Open	205
166	01:33:57	WARD, Katie	March AC	Female Open	573
415	01:54:34	WARMAN, Stephen	Waveney Valley A.C.	Male Open	664
359	01:49:24	WARNES, Simone	Unaffiliated	F35	349
300	01:44:51	WASENIUS, Soraya	Unaffiliated	F35	90
61	01:24:19	WATCHORN, Jim	Royal Navy Triathlon Club	Male Open	392
437	01:56:44	WATERHOUSE, Simon	Unaffiliated	Male Open	483
426	01:55:45	WAUCHOPE, Kate	Unaffiliated	F35	338
392	01:52:56	WEBSDALE, Steve	Norwich Road Runners	M45	129
240	01:40:23	WELTON, Ross	Ipswich Triathlon Club	Male Open	490
265	01:41:48	WENN, Jenny	Norwich Road Runners	F40	199
100	01:28:22	WHARTON, John	Bungay Black Dog Running Club	M50	1
443	01:57:13	WHITE, Amanda	Unaffiliated	Female Open	184
214	01:38:44	WHITE, Paul	Unaffiliated	M45	435
44	01:22:06	WHITELELY, Nigel	Unaffiliated	M40	27
538	02:34:30	WHITTINGTON, Doreen	Bungay Black Dog Running Club	F60	467
416	01:54:37	WIGLEY, Carole	Saffron Striders	F45	242
501	02:07:19	WILDING, Steve	Unaffiliated	M45	618

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Position	Time	Name	Club	Category	Race Number
60	01:24:05	WILLIAMSON, Ken	St Edmunds Pacers	M40	561
139	01:31:11	WILLIAMSON, Neil	Unaffiliated	Male Open	550
335	01:47:03	WILLIS, Mike	City of Norwich AC	M40	583
384	01:52:27	WILLIS, Richard	Unaffiliated	Male Open	97
170	01:34:38	WILSON, Robin	Bungay Black Dog Running Club	M50	545
370	01:50:43	WILSON, Sandra	Unaffiliated	F50	41
329	01:46:41	WITHEY, Sally	City of Norwich AC	F35	12
318	01:45:59	WOODHOUSE, Gill	Dereham Runners AC	F60	86
242	01:40:26	WOODRUFF, Jeremy	Unaffiliated	Male Open	630
182	01:35:54	WOODS, Tim	Unaffiliated	M45	615
521	02:16:04	WOODWARD, Julie	Unaffiliated	F35	366
227	01:39:26	WOOLLARD, Claire	Petts Wood Runners	Female Open	11
531	02:23:07	WOOLLARD, Faye	Unaffiliated	Female Open	556
74	01:25:49	WRIGHT, Dan	Colchester Harriers	Male Open	220
441	01:57:05	WRIGHT, Jacqueline	Unaffiliated	F45	223
360	01:49:24	WYATT, Jonny	Unaffiliated	Male Open	348
115	01:29:45	YALLOP, Paul	Tri-Anglia	Male Open	24
69	01:25:09	YEOMANS, Martin	Norwich Road Runners	M55	377
164	01:33:53	YOUNG, Patrick	Unaffiliated	M40	329
71	01:25:36	ZIELINSKI, Jeremy	Unaffiliated	M55	465