

Bungay Black Dog Marathon 2009 - Results

Sunday 19th April 2009 10:30 am

<i>Position</i>	<i>Time</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>	<i>Race No</i>
1	2:50:53	Baard Grindberg	Tri-Anglia	MV40	280
2	2:54:23	David Hobbs		MSNR	250
3	2:55:34	Nick Palmer	Stowmarket Striders	MSNR	185
4	3:00:38	Matt Cook	London Heathside	MSNR	262
5	3:02:04	David White		MV40	348
6	3:03:02	Roderick Burton	Scunthorpe & District Ac	MV50	187
7	3:07:37	Nick Morrison-Smith		MSNR	376
8	3:07:56	Racheal Leathwood	Norwich Road Runners	FSNR	260
9	3:08:18	Ben Jones		MV40	158
10	3:08:20	Leigh Barrenger	Colchester Harriers	MSNR	270
11	3:08:59	Ian Taylor	Bungay Black Dog Running Club	MV40	364
12	3:09:11	James Elson	Trail Running Association	MSNR	283
13	3:10:10	David Ross	100 Marathon Club	MV40	124
14	3:10:46	Keith Lowery		MV40	354
15	3:10:47	Daniel Beazley	Leaside Canoe Club	MSNR	152
16	3:11:22	Scott Macsephney	Ipswich Jaffa	MV40	220
17	3:11:40	Gavin Elliott	Biggleswade A C	MSNR	193
18	3:11:56	Michael Grehan	Dunstable Road Runners	MV40	117
19	3:12:16	Jonathan Hall		MSNR	166
20	3:13:39	Chris Scott	Lowestoft Road Runners	MSNR	322
21	3:14:03	Malcolm Green	Winchester & District A C	MV40	278
22	3:14:20	Paul De Kort		MV40	198
23	3:14:37	Graham Anderson		MSNR	289
24	3:15:29	David Felton	Canterbury Harriers	MV50	325
25	3:15:48	Van Eyk Craig		MSNR	406
26	3:16:25	Mark Brooks		MSNR	140
27	3:17:17	Rob Milstead	Roadhoggs A C Leicester	MV50	249
28	3:20:00	Ryan Fisher		MSNR	369
29	3:20:01	Barry Warne	Nene Valley Harriers	MV40	310
30	3:20:07	Andrew Stalley	Collingwood A C	MV40	164
31	3:20:10	Mike Barkway		MV40	358
32	3:20:27	Andrew Perkinson		MSNR	360
33	3:21:10	Cientanni Mario	Gravesend Road Runners	MV40	395
34	3:22:01	Michael Martin	Seaford Striders	MV40	251
35	3:22:12	Vinnie Purdy	North Norfolk Beach Runners	MSNR	306
36	3:22:12	Colin Stark	North Norfolk Beach Runners	MSNR	335
37	3:22:22	Paul Holmes		MV40	200
38	3:22:29	Sean Gregg		MSNR	313
39	3:23:09	Lisa Barry	100 Marathon Club	FV35	401
40	3:23:25	Mark Cockbain	Road Runners Club	MSNR	223
41	3:23:33	Nick Adams	Spa Striders	MV40	182
42	3:23:48	Etherington Stephen	Great Yarmouth Road Runners	MV50	398
43	3:24:04	Tom Curran		MSNR	388
44	3:24:28	Stevens Peter		MSNR	391
45	3:24:52	William Howes	Road Runners Club	MV60	191
46	3:25:27	Christopher Ross	Stafford Harriers	MV40	288
47	3:25:50	Graham Gidney		MSNR	292
48	3:26:23	Vince Calver	Felixstowe Road Runners	MSNR	188
49	3:26:47	Chris Dowsett		MSNR	231
50	3:27:47	Sean Barker	Hunts A C	MV40	232
51	3:27:56	Kevin Linehan	Highgate Harriers	MV40	156
52	3:27:59	Ian Sturgess	Wyndham A C	MV50	139
53	3:28:23	Francis Maude	Canterbury Harriers	MV40	281
54	3:28:40	Colin Kent	Canterbury Harriers	MV40	195
55	3:29:11	Stephen Cooney	Collingwood A C	MSNR	285
56	3:29:35	David Maslen	Tri-Anglia	MV40	274
57	3:29:53	Jason Kelf	Norfolk Gazelles	MV40	374
58	3:30:05	John Mckenzie	Southampton Running Club	MV50	115
59	3:30:05	Rob Jones	Dulwich Park Runners	MSNR	294

Bungay Black Dog Running Club

<http://www.bungayblackdogrunningclub.co.uk/> - <http://www.bungay-marathon.co.uk>

Page 1 of 5 08:32 30/04/2009

Bungay Black Dog Marathon 2009 - Results

Sunday 19th April 2009 10:30 am

<i>Position</i>	<i>Time</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>	<i>Race No</i>
60	3:30:41	Malcolm Statham	Colchester Harriers	MSNR	163
61	3:30:46	Steve Gray	Stowmarket Striders	MV40	240
62	3:30:50	Brian Fox	Lincoln Hartsholme Runners	MV40	177
63	3:30:50	David Reeve		MSNR	332
64	3:31:44	David Hallam	Havering 90 Joggers	MV40	312
65	3:31:59	Robert Morgan		MSNR	330
66	3:33:02	Mark Riches		MV40	181
67	3:33:32	Neil Wright		MV40	237
68	3:33:37	Alastair Davidson		MV40	197
69	3:33:39	Mark Causey	Haverhill Running Club	MV40	269
70	3:33:45	Duane Daugherty		MV40	100
71	3:34:28	Denys Baudry	Garden City Runners	MV50	180
72	3:34:28	Eamonn Mccusker	Ryston Runners	MV50	302
73	3:34:33	Steven Rendell-Read	Lowestoft Road Runners	MV40	324
74	3:34:41	Ian Mair	Lincoln Wellington A C	MV50	176
75	3:34:50	Russ Conway	Lytchett Manor Striders	MV40	361
76	3:34:56	Matthew Sutton	Great Yarmouth Road Runners	MSNR	271
77	3:34:58	Holmes Adam	100 Marathon Club	MV50	407
78	3:35:25	Natalie Etches	Ely Runners	FSNR	190
79	3:35:28	Alan Bushell	Coltishall Jaguars	MSNR	303
80	3:35:30	Rob Slade		MSNR	196
81	3:35:42	Peter Johnson	100 Marathon Club	MV50	194
82	3:36:16	Richard Chivers		MV60	147
83	3:37:33	Tim Ellingham		MSNR	386
84	3:38:20	Steve Bowran		MV40	293
85	3:38:48	Adrian Hall		MV40	296
86	3:39:42	James Thing		MSNR	184
87	3:39:49	Sarah Parker	Redhill Road Runners	FV35	276
88	3:40:08	Oliver Jones	Cambridge University Hare & Hounds	MSNR	301
89	3:40:11	Richard Lawes		MV50	377
90	3:41:08	Selwyn Fisher		MSNR	355
91	3:41:15	Paul Armer	Horsham Joggers	MV40	154
92	3:41:24	Chris Mascal		MSNR	314
93	3:41:30	Robert Smith	Lincoln Wellington A C	MV40	189
94	3:41:32	Steve Mayfield	Fairlands Valley Spartans	MV40	258
95	3:41:38	Patrick Rooney	Kimberworth Striders	MV50	370
96	3:41:39	Nina Hague	Kimberworth Striders	FV35	350
97	3:42:36	Barry Game		MSNR	113
98	3:42:42	Will Hall	Tri-Anglia	MSNR	389
99	3:43:42	John Nichol	Bishops Stortford Running Club	MV40	230
100	3:43:49	Hillary Carter	Farnham Runners	MV50	201
101	3:44:06	Carla Foster	Kimberworth Striders	FSNR	326
102	3:44:09	Les Samuels		MV40	256
103	3:44:45	Michael Hunt		MV40	273
104	3:45:52	Macpherson Al	Saint Edmund Pacers	MSNR	396
105	3:46:11	Allan Rumbles	Collingwood A C	MV40	107
106	3:46:21	Vanda Cox	Thames Hare & Hounds	FV45	252
107	3:46:21	Steven Thacker	Ropsley Road Runners	MV40	319
108	3:46:27	Susannah Black		FV35	129
109	3:47:17	Darren Spencer		MSNR	255
110	3:47:20	Annie Bradbury	Ryston Runners	FV45	346
111	3:47:33	Andrew Wilmot	Halstead Road Runners	MV60	320
112	3:48:04	Anthony Smith		MSNR	169
113	3:48:04	David Bell	Yaxley Runners	MSNR	311
114	3:48:45	Richard Jones	Amphill & Flitwick Flyers	MV40	101
115	3:49:33	Jonathan Hamilton	Woodbridge Shufflers	MV40	247
116	3:50:20	Sid Morrison	100Km Association	MV60	161
117	3:50:39	Mark Garrett	Norwich Road Runners	MV40	123
118	3:50:58	Ian Hetherington	Kimberworth Striders	MV40	351

Bungay Black Dog Running Club

<http://www.bungayblackdogrunningclub.co.uk/> - <http://www.bungay-marathon.co.uk>

Page 2 of 5 08:32 30/04/2009

Bungay Black Dog Marathon 2009 - Results

Sunday 19th April 2009 10:30 am

<i>Position</i>	<i>Time</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>	<i>Race No</i>
119	3:51:07	Colin Louch	Hadleigh Hares	MV50	333
120	3:51:28	Gilles Dean		MSNR	403
121	3:52:04	Leslie Youngman		MV40	225
122	3:52:48	Lee Flinders		MSNR	295
123	3:53:13	Barry Hempstead	Eastern Vets A C	MV60	366
124	3:53:28	Paul Martin		MV40	233
125	3:53:43	Andrew Herne	Cambridge & Coleridge	MV50	371
126	3:53:54	Nigel Bennett	Holme Pierrepont	MV40	284
127	3:54:15	Ian Sloan		MV40	143
128	3:54:17	Matthew Anderson		MSNR	341
129	3:55:03	Lorna Pettifer	Pitsea Running Club	FV35	254
130	3:55:16	Adrian Galvin		MV40	380
131	3:55:36	Askew Mikey		MSNR	394
132	3:55:45	Trevor Fulcher		MSNR	331
133	3:55:47	Peter Cook	Norwich Road Runners	MV50	375
134	3:56:29	Cathy Lambert	Saint Edmund Pacers	FV35	174
135	3:56:30	Jim Cooper	Bungay Black Dog Running Club	MV40	367
136	3:56:45	David Major	100 Marathon Club	MV40	111
137	3:56:49	Andy Sanford	Deal Tri	MSNR	318
138	3:56:56	Craige Spencer	Kimberworth Striders	MSNR	336
139	3:56:57	Paul Rayner	Hunts A C	MV40	248
140	3:57:15	Simon Bourne	Saint Edmund Pacers	MV40	378
141	3:57:32	Jillian Ross	Stafford Harriers	FV35	287
142	3:57:33	Ian Grange	Ranelagh Harriers	MV40	120
143	3:57:36	Andy Roberts		MV40	206
144	3:57:36	Richard White		MV40	207
145	3:57:48	Matthew Fitzgerald		MSNR	261
146	3:58:10	Jarvis Phil		MV40	399
147	3:58:21	Read Simon	Deal Tri	MV40	404
148	3:58:29	Graham Harper		MV50	338
149	3:58:30	Iles Jon		MV40	400
150	3:58:41	Bobbie Sauerzapf	Bungay Black Dog Running Club	FV45	136
151	3:59:02	Sue Osborne		FV35	218
152	3:59:12	Stephen Docherty		MSNR	224
153	4:00:48	Paul Raddan		MSNR	157
154	4:01:31	Marian Pratt		FV35	112
155	4:01:40	David Evans		MSNR	267
156	4:03:00	Hayden Rawcliffe		MSNR	264
157	4:03:08	Kevin Marshall	Ilford A C	MV40	236
158	4:03:22	Anna Finn	Vegan Runners U K	FSNR	199
159	4:03:32	Nigel Walsh	Team Coco	MV50	279
160	4:03:53	Amy Tate		FSNR	316
161	4:04:49	Ben Snelling		MSNR	146
162	4:05:01	Andy Whitrow		MV50	308
163	4:05:22	Paul Groves	Coltishall Jaguars	MV40	183
164	4:05:31	Marion Walker	Framlingham Flyers	FV45	275
165	4:06:39	Natalie Treacher	Dulwich Park Runners	FSNR	217
166	4:07:47	Peevor Robert	Ipswich Triathlon Club	MSNR	392
167	4:08:32	David Lewis	Blackheath And Bromley	MV50	373
168	4:09:18	Darren Greene	F V S Tri	MSNR	109
169	4:09:47	Tina Belsom	Stowmarket Striders	FV45	222
170	4:10:20	David Slatter		MV40	345
171	4:10:40	Mark Levy		MSNR	340
172	4:11:23	Jason Walne		MSNR	118
173	4:12:53	Janine Littler	Horsham Joggers	FV35	227
174	4:12:58	TONIA COOK	Orpington Road Runners	MV40	390
175	4:13:33	Linda Major	100 Marathon Club	FV35	159
176	4:14:08	Tim Chen		MSNR	381
177	4:14:21	Vivienne Law	Bishops Stortford Running Club	FV45	272

Bungay Black Dog Running Club

<http://www.bungayblackdogrunningclub.co.uk/> - <http://www.bungay-marathon.co.uk>

Page 3 of 5 08:32 30/04/2009

Bungay Black Dog Marathon 2009 - Results

Sunday 19th April 2009 10:30 am

Position	Time	Name	Club	Category	Race No
178	4:15:21	Bob Rayner		MSNR	343
179	4:15:32	Kate Stannett	Ipswich Triathlon Club	FV45	116
180	4:16:08	David Lomas		MSNR	304
181	4:16:17	Johnson Peter	FRA	MV50	408
182	4:16:19	Bob Daykin		MV60	372
183	4:16:34	Nicholas Marshall	Nmmu	MSNR	359
184	4:16:46	Anne Hulse	Norwich Road Runners	FV45	342
185	4:17:35	Spencer Alton		MV40	365
186	4:18:24	Isabel Hill		FV35	135
187	4:18:27	Garry Coulthard		MV50	137
188	4:18:50	Frances Cooke	March Athletic Club	FV45	387
189	4:18:58	Mark Elflett	Lowestoft Road Runners	MV40	215
190	4:19:13	Simon Taylor	Pactrac	MV40	125
191	4:19:27	George Breacker	Dulwich Park Runners	MSNR	384
192	4:20:36	Patrick Miller		MV40	203
193	4:23:25	Mark Sanders	Fairlands Valley Spartans	MV40	221
194	4:23:56	Bob Parmenter	Halstead Road Runners	MV50	382
195	4:25:34	Helen Lloyd	Ryston Runners	FV45	214
196	4:26:23	Victor Hutchins		MV50	268
197	4:26:33	Gavin Thouless	Norwich Road Runners	MV40	317
198	4:27:03	Richard Hammond	Fenland Running Club	MSNR	298
199	4:27:30	Tim Foot		MV40	104
200	4:27:44	Michael White		MV50	352
201	4:28:55	Pauline Howes	Road Runners Club	FV55	192
202	4:29:07	Marion May		FV45	228
203	4:29:17	Sandra Butcher	Shelton Striders	FV55	383
204	4:29:48	Michael Haydon	"Cork Bhaa, Ireland"	MV50	208
205	4:30:06	Lex Carlisle		FV45	290
206	4:30:06	James Ovenden		MV40	291
207	4:30:23	Melanie Johnstone	Collingwood A C	FSNR	229
208	4:30:41	Lisa Netto	Norfolk Gazelles	FSNR	368
209	4:30:51	Thomas Murphy	Maidenhead	MV40	347
210	4:31:27	Karen Hills	Coco	FV45	141
211	4:31:46	David Hazelden		MV50	121
212	4:32:07	Simon Whalley	Saint Edmund Pacers	MV40	282
213	4:32:41	Harry Smith	Stowmarket Striders	MV40	173
214	4:33:26	Kathryn Green		FV45	119
215	4:36:26	John Dawson	100 Marathon Club	MV70	277
216	4:37:18	Colin Martin	City Of Salisbury Athletic And Running C	MV50	153
217	4:37:46	Eddy Taatgen		MV50	257
218	4:37:56	Martin Roper	Norwich Road Runners	MV50	353
219	4:38:25	Elizabeth Sandever	Riverside Runners	FSNR	202
220	4:38:25	Karl Hiner	Riverside Runners	MV40	204
221	4:39:11	Carl Bates		MV40	172
222	4:39:21	Mark Harrison		MV40	307
223	4:40:13	Larry Stapley	Bunwell Strollers	MSNR	175
224	4:40:34	Peter Ward	Ealing & Southall Middlesex Athletics Cl	MV40	315
225	4:41:29	Brookes Ian	Kimberworth Striders	MV40	402
226	4:43:26	Robert Macmillan	Benfleet Running Club	MV40	105
227	4:44:53	Colin Whale	Bungay Black Dog Running Club	MV40	321
228	4:46:35	Terence Fulton		MV50	213
229	4:46:46	Bruce Gray		MV40	299
230	4:48:09	Jill Towns		FV45	327
231	4:52:51	Michael Connaghton	Trail Running Association	MV40	329
232	4:52:52	Karen Hurrell	Dagenham 88	FV45	344
233	4:53:22	Susan Shiell	Lordshill Road Runners	FV55	149
234	4:59:32	Thomas Wilkie	Collingwood A C	MV50	170
235	4:59:46	Robin Wilson	Collingwood A C	MV70	171
236	5:06:34	Bhakar Surinder Singh		MV40	393

Bungay Black Dog Running Club

<http://www.bungayblackdogrunningclub.co.uk/> - <http://www.bungay-marathon.co.uk>

Page 4 of 5 08:32 30/04/2009

Bungay Black Dog Marathon 2009 - Results

Sunday 19th April 2009 10:30 am

<i>Position</i>	<i>Time</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>	<i>Race No</i>
237	5:06:38	Peter Burns	Witham Running Club	MV60	242
238	5:07:31	Jacqueline Filby		FV45	357
239	5:08:29	Susan Potter	Bungay Black Dog Running Club	FV45	209
240	5:11:51	Kevin Kemp	M K Lakeside Runners	MV50	297
241	5:14:16	Dave Moles		MV50	305
242	5:15:04	Kent Clark	100 Marathon Club	MV50	405
243	5:22:16	Nigel Slavik		MSNR	128
244	5:24:01	Roger Causon	Felixstowe Road Runners	MV50	286
245	5:24:02	Dave Robinson		MSNR	363
246	5:24:13	Anne Francis	Lordshill Road Runners	FV55	337
247	5:24:13	Baker Jake		MV50	397
248	5:25:49	Jonathan Pang		MSNR	241
249	6:01:19	Tim Dodd	Hailsham Harriers	MV40	103