

- 1: 270 - Hartop, James - 2:49:48.0
| Age (category): M-Open | Sex: Male | Club: <non-affiliated>
- 2: 111 - Aldis, Roger - 2:52:26.0
| Age (category): M-Open | Sex: Male | Club: Stowmarket Striders
- 3: 252 - Atkin, Rob - 2:53:16.0
| Age (category): M-40 | Sex: Male | Club: Matlock AC
- 4: 203 - Laver, Toby - 2:53:33.0
| Age (category): M-Open | Sex: Male | Club: Reading Road Runners
- 5: 230 - Gurd, Richard - 2:56:55.0
| Age (category): M-40 | Sex: Male | Club: 100 Marathon Club
- 6: 286 - Back, Terry - 2:58:53.0
| Age (category): M-40 | Sex: Male | Club: Ipswich Jaffa
- 7: 300 - Sherry, Karl - 2:59:46.0
| Age (category): M-40 | Sex: Male | Club: Norwich Road Runners
- 8: 246 - Tilbrook, Chris - 3:03:52.0
| Age (category): M-Open | Sex: Male | Club: St Albans Striders
- 9: 274 - Preston, Paul - 3:04:38.0
| Age (category): M-Open | Sex: Male | Club: Sudbury Joggers
- 10: 281 - Murphy, Bill - 3:05:21.0
| Age (category): M-40 | Sex: Male | Club: Maidstone Harriers
- 11: 166 - Crisp, John - 3:07:30.0
| Age (category): M-Open | Sex: Male | Club: Ely Runners
- 12: 263 - Chancellor, Henry - 3:09:42.0
| Age (category): M-Open | Sex: Male | Club: <non-affiliated>
- 13: 133 - Guest, Paul Anthony - 3:09:55.0
| Age (category): M-Open | Sex: Male | Club: Denby Dale Travellers
- 14: 257 - Roffe, Mick - 3:09:59.0
| Age (category): M-50 | Sex: Male | Club: <non-affiliated>
- 15: 227 - Spencer, Jeremy - 3:10:32.0
| Age (category): M-40 | Sex: Male | Club: <non-affiliated>
- 16: 173 - King, Wendy - 3:14:18.0
| Age (category): F-Open | Sex: Female | Club: Chelmsford AC
- 17: 241 - Taylor, John - 3:14:27.0
| Age (category): M-40 | Sex: Male | Club: Rolls Royce Harriers

18: 219 - Larkin, Des - 3:14:43.0
| Age (category): M-Open | Sex: Male | Club: <non-affiliated>

19: 299 - Kenyon, Steve - 3:14:56.0
| Age (category): M-40 | Sex: Male | Club: Waveney AC

20: 290 - Roberts, Raymond - 3:16:14.0
| Age (category): M-40 | Sex: Male | Club: Bracknell Forest Runners

21: 283 - Barry, Lisa - 3:16:39.0
| Age (category): F-Open | Sex: Female | Club: Cambridge Triathlon Club

22: 117 - Wankowski, John - 3:17:37.0
| Age (category): M-Open | Sex: Male | Club: Stowmarket Striders

23: 288 - Scannell, Sean - 3:17:50.0
| Age (category): M-Open | Sex: Male | Club: <non-affiliated>

24: 197 - Hilaire, John - 3:19:39.0
| Age (category): M-40 | Sex: Male | Club: <non-affiliated>

25: 106 - Grimwade, Doug - 3:20:33.0
| Age (category): M-40 | Sex: Male | Club: Hadleigh Hares

26: 224 - Woods, Andy - 3:20:45.0
| Age (category): M-Open | Sex: Male | Club: <non-affiliated>

27: 221 - Tinker, Andrew - 3:21:36.0
| Age (category): M-40 | Sex: Male | Club: <non-affiliated>

28: 216 - Etches, Adam - 3:21:59.0
| Age (category): M-Open | Sex: Male | Club: Ely Runners

29: 217 - De Bree, Paul - 3:25:16.0
| Age (category): M-Open | Sex: Male | Club: <non-affiliated>

30: 231 - Wilmot, Andrew - 3:25:20.0
| Age (category): M-60 | Sex: Male | Club: Halstead Road Runners

31: 254 - Steedman, Sally - 3:26:02.0
| Age (category): F-35 | Sex: Female | Club: Ipswich Jaffa

32: 128 - Hunt, Ian - 3:26:11.0
| Age (category): M-40 | Sex: Male | Club: <non-affiliated>

33: 109 - Newman , David - 3:26:33.0
| Age (category): M-Open | Sex: Male | Club: <non-affiliated>

34: 174 - Turner, John E - 3:27:11.0

| Age (category): M-50 | Sex: Male | Club: Blackheath and Bromley Harriers AC

35: 120 - Costiff, Christine - 3:28:27.0

| Age (category): F-35 | Sex: Female | Club: South London Harriers

36: 138 - Dunlop, Linda - 3:28:28.0

| Age (category): F-35 | Sex: Female | Club: <non-affiliated>

37: 226 - Reeve, David - 3:28:51.0

| Age (category): M-Open | Sex: Male | Club: <non-affiliated>

38: 152 - Barber, Ian - 3:29:52.0

| Age (category): M-60 | Sex: Male | Club: Waveney AC

39: 134 - Grehan, Michael - 3:29:57.0

| Age (category): M-40 | Sex: Male | Club: Dunstable Road Runners

40: 285 - Brunning, Roy - 3:30:07.0

| Age (category): M-40 | Sex: Male | Club: RAF Tri

41: 236 - Sandford, Elizabeth - 3:30:12.0

| Age (category): F-35 | Sex: Female | Club: Sudbury Joggers

42: 287 - Lewis, Grant - 3:30:43.0

| Age (category): M-Open | Sex: Male | Club: <non-affiliated>

43: 126 - Evans, David - 3:30:44.0

| Age (category): M-Open | Sex: Male | Club: <non-affiliated>

44: 108 - Price, David - 3:31:50.0

| Age (category): M-Open | Sex: Male | Club: <non-affiliated>

45: 201 - Venning, Jonathan - 3:32:23.0

| Age (category): M-50 | Sex: Male | Club: Dunstable Road Runners

46: 235 - Barltrop, Verne - 3:32:43.0

| Age (category): M-60 | Sex: Male | Club: Road Runners Club

47: 208 - Daugherty, Duane - 3:34:10.0

| Age (category): M-40 | Sex: Male | Club: <non-affiliated>

48: 105 - Anagnostou, Konstantinos - 3:34:16.0

| Age (category): M-40 | Sex: Male | Club: <non-affiliated>

49: 215 - Coles, Natalie - 3:34:36.0

| Age (category): F-Open | Sex: Female | Club: Ely Runners

50: 150 - Tate, Alex - 3:34:37.0

| Age (category): M-Open | Sex: Male | Club: Muddy Mucky Monkeys A.C

51: 175 - Hanson, Paul - 3:35:19.0
| Age (category): M-40 | Sex: Male | Club: <non-affiliated>

52: 144 - King, Mike - 3:36:47.0
| Age (category): M-40 | Sex: Male | Club: Fairlands Valley Spartans

53: 114 - Gallop, Matthew - 3:38:05.0
| Age (category): M-Open | Sex: Male | Club: <non-affiliated>

54: 296 - Supernak, Lukasz - 3:38:12.0
| Age (category): M-Open | Sex: Male | Club: St Edmunds Pacers

55: 102 - Morley, Adrian - 3:38:21.0
| Age (category): M-Open | Sex: Male | Club: <non-affiliated>

56: 163 - Farrow, Ian - 3:39:30.0
| Age (category): M-Open | Sex: Male | Club: <non-affiliated>

57: 189 - Rowe, John - 3:40:11.0
| Age (category): M-50 | Sex: Male | Club: Road Runners Club

58: 249 - Smith, Andrew - 3:40:32.0
| Age (category): M-40 | Sex: Male | Club: Grange Farm Trotters

59: 228 - Knights, Matthew - 3:41:14.0
| Age (category): M-Open | Sex: Male | Club: Norwich Road Runners

60: 182 - Betts, Carol - 3:41:41.0
| Age (category): F-45 | Sex: Female | Club: Norfolk Gazelles

61: 240 - McPartlin, Andy - 3:42:09.0
| Age (category): M-Open | Sex: Male | Club: Spalding Tri

62: 159 - Yendley, Sue - 3:42:38.0
| Age (category): F-35 | Sex: Female | Club: BRJ Huntingdon RRC

63: 183 - Biggin, Matthew - 3:43:10.0
| Age (category): M-Open | Sex: Male | Club: Halstead Road Runners

64: 143 - Johnson, Iain - 3:43:31.0
| Age (category): M-Open | Sex: Male | Club: Deal Tri

65: 243 - Wade, Rex - 3:43:51.0
| Age (category): M-60 | Sex: Male | Club: Great Yarmouth Road Runners

66: 110 - Whitlock, Gavin - 3:44:56.0
| Age (category): M-Open | Sex: Male | Club: Deal Tri

67: 206 - Partridge, Timothy - 3:46:58.0
| Age (category): M-Open | Sex: Male | Club: <non-affiliated>

68: 107 - Collinson, Nick - 3:47:20.0
| Age (category): M-Open | Sex: Male | Club: Ipswich Triathlon Club

69: 181 - Everitt, Geof - 3:47:27.0
| Age (category): M-60 | Sex: Male | Club: Ipswich Jaffa

70: 118 - Trowell, Ian - 3:50:20.0
| Age (category): M-40 | Sex: Male | Club: <non-affiliated>

71: 167 - Dakin, Keith - 3:50:29.0
| Age (category): M-50 | Sex: Male | Club: Roadhoggs Leicester

72: 238 - Hall, Adrian - 3:51:26.0
| Age (category): M-40 | Sex: Male | Club: <non-affiliated>

73: 267 - Hempstead, Barry - 3:51:38.0
| Age (category): M-60 | Sex: Male | Club: Eastern Veterans AC

74: 180 - Nutburn, Merv - 3:52:19.0
| Age (category): M-50 | Sex: Male | Club: Plumstead Runners

75: 145 - Thacker, Steven - 3:53:50.0
| Age (category): M-40 | Sex: Male | Club: Ropsley Road Runners

76: 160 - Corcoran, John - 3:54:59.0
| Age (category): M-40 | Sex: Male | Club: <non-affiliated>

77: 179 - Ford, Nigel - 3:55:18.0
| Age (category): M-40 | Sex: Male | Club: Ryston Runners

78: 229 - Prior, David - 3:55:38.0
| Age (category): M-60 | Sex: Male | Club: Woodford Green With Essex Ladies

79: 141 - Keevil, Raymond - 3:55:47.0
| Age (category): M-60 | Sex: Male | Club: Brandon Fern Hoppers

80: 195 - Morrison, Sid - 3:56:38.0
| Age (category): M-60 | Sex: Male | Club: 100 KM Association

81: 293 - Lewis, david - 3:56:54.0
| Age (category): M-50 | Sex: Male | Club: Blackheath and Bromley Harriers AC

82: 178 - Botha, Paul - 3:56:55.0
| Age (category): M-Open | Sex: Male | Club: <non-affiliated>

83: 207 - Sayer, Peter - 3:57:14.0
| Age (category): M-40 | Sex: Male | Club: <non-affiliated>

84: 101 - Shaw, Robert - 3:59:05.0

| Age (category): M-50 | Sex: Male | Club: Fairlands Valley Spartans

85: 191 - Bullen, Nigel - 4:00:44.0

| Age (category): M-50 | Sex: Male | Club: Norwich Road Runners

86: 161 - Finn, Anna - 4:01:21.0

| Age (category): F-Open | Sex: Female | Club: <non-affiliated>

87: 162 - Stafford, John - 4:01:22.0

| Age (category): M-40 | Sex: Male | Club: Bracknell Forest Runners

88: 239 - Martin, Derek - 4:01:46.0

| Age (category): M-50 | Sex: Male | Club: Abbey Runners

89: 129 - Laing, Cath - 4:04:28.0

| Age (category): F-35 | Sex: Female | Club: Brighton A.C

90: 253 - Bishop, Dave - 4:05:04.0

| Age (category): M-40 | Sex: Male | Club: Road Runners Club

91: 186 - Major, David - 4:06:48.0

| Age (category): M-40 | Sex: Male | Club: 100 Marathon Club

92: 115 - Newman, Richard - 4:07:52.0

| Age (category): M-Open | Sex: Male | Club: <non-affiliated>

93: 139 - Walne, Jason - 4:07:54.0

| Age (category): M-Open | Sex: Male | Club: <non-affiliated>

94: 100 - Fleur, Joyce - 4:08:57.0

| Age (category): F-35 | Sex: Female | Club: <non-affiliated>

95: 289 - Mcgroardy, Patrick - 4:09:50.0

| Age (category): M-40 | Sex: Male | Club: <non-affiliated>

96: 247 - Hardstone, Roger - 4:10:32.0

| Age (category): M-50 | Sex: Male | Club: <non-affiliated>

97: 196 - Heron, David - 4:11:19.0

| Age (category): M-50 | Sex: Male | Club: Tring Running Club

98: 184 - Richardson, Alan - 4:15:00.0

| Age (category): M-50 | Sex: Male | Club: Waveney AC

99: 140 - Anderson, Craig - 4:15:01.0

| Age (category): M-40 | Sex: Male | Club: Bungay Black Dog R.C

100: 248 - Luck, Andrew - 4:17:31.0

| Age (category): M-40 | Sex: Male | Club: <non-affiliated>

101: 279 - Nobbs, Dean - 4:17:40.0
| Age (category): M-Open | Sex: Male | Club: Newmarket Joggers

102: 277 - Briggs, Graham - 4:17:41.1
| Age (category): M-Open | Sex: Male | Club: <non-affiliated>

103: 146 - Cardnell, Stephen - 4:17:48.0
| Age (category): M-40 | Sex: Male | Club: <non-affiliated>

104: 242 - Stone, Nicholas - 4:18:47.1
| Age (category): M-60 | Sex: Male | Club: Ampthill and Flitwick Flyers

105: 209 - Atkinson, Ian - 4:20:39.0
| Age (category): M-50 | Sex: Male | Club: Werrington Joggers

106: 244 - Cork, Christina - 4:21:01.0
| Age (category): F-Open | Sex: Female | Club: Pactrac

107: 294 - Bennett, Raymond - 4:21:52.0
| Age (category): M-60 | Sex: Male | Club: Blackheath and Bromley Harriers AC

108: 268 - Taylor, Sandy - 4:22:27.0
| Age (category): F-55 | Sex: Female | Club: <non-affiliated>

109: 119 - Fleming, Roy - 4:22:29.0
| Age (category): M-Open | Sex: Male | Club: Billericay Striders

110: 142 - Rimmington, Carole - 4:23:01.0
| Age (category): F-45 | Sex: Female | Club: Beverley A.C

111: 280 - Raza, Mark Imran - 4:23:11.0
| Age (category): M-Open | Sex: Male | Club: East London Runners

112: 250 - Woolf, Colin - 4:23:53.0
| Age (category): M-60 | Sex: Male | Club: Harwich Runners

113: 212 - Humphries, Frances - 4:24:01.0
| Age (category): F-45 | Sex: Female | Club: Thrift Green Trotters

114: 176 - Bienek, Jad - 4:24:16.0
| Age (category): F-45 | Sex: Female | Club: Shropshire Shufflers

115: 104 - Guest, Graham - 4:24:22.0
| Age (category): M-Open | Sex: Male | Club: Denby Dale Travellers

116: 278 - Catchpole, William - 4:24:57.0
| Age (category): M-40 | Sex: Male | Club: Ipswich Triathlon Club

117: 220 - Burns, Peter - 4:26:32.0
| Age (category): M-50 | Sex: Male | Club: <non-affiliated>

118: 198 - Bowles, Simon - 4:26:49.0
| Age (category): M-Open | Sex: Male | Club: <non-affiliated>

119: 187 - Phillips, David - 4:28:33.0
| Age (category): M-60 | Sex: Male | Club: Massey Ferguson RC

120: 298 - Claesson, Perove - 4:31:43.0
| Age (category): M-40 | Sex: Male | Club: <non-affiliated>

121: 245 - Cork, Mat - 4:33:15.0
| Age (category): M-40 | Sex: Male | Club: Pactrac

122: 130 - Simpkins, Geraldine - 4:33:18.0
| Age (category): F-45 | Sex: Female | Club: Almost Athletes

123: 112 - Lee, Darren - 4:33:28.0
| Age (category): M-Open | Sex: Male | Club: <non-affiliated>

124: 148 - Revill, Julia - 4:33:44.0
| Age (category): F-55 | Sex: Female | Club: Denmead Striders

125: 265 - O' Halloran, Brent - 4:36:12.0
| Age (category): M-40 | Sex: Male | Club: <non-affiliated>

126: 264 - O' Halloran, Glenn - 4:36:12.1
| Age (category): M-40 | Sex: Male | Club: <non-affiliated>

127: 259 - Davis, Judi - 4:38:04.0
| Age (category): F-35 | Sex: Female | Club: Wymondham AC

128: 256 - Smith, Mike - 4:38:04.1
| Age (category): M-60 | Sex: Male | Club: Wymondham AC

129: 291 - Cranwell, David - 4:38:37.0
| Age (category): M-40 | Sex: Male | Club: <non-affiliated>

130: 164 - Dawson, John - 4:39:39.0
| Age (category): M-60 | Sex: Male | Club: 100 Marathon Club

131: 193 - Burston, Nicola - 4:40:43.0
| Age (category): F-35 | Sex: Female | Club: Phoenix Striders

132: 103 - Burston, Judy - 4:40:43.1
| Age (category): F-55 | Sex: Female | Club: Phoenix Striders

133: 151 - Philips, Robert - 4:42:29.0
| Age (category): M-Open | Sex: Male | Club: Nimrod AC

134: 258 - Baker, Cliff - 4:42:57.0

| Age (category): M-50 | Sex: Male | Club: Colchester Harriers

135: 273 - Peck, Andy - 4:43:07.0
| Age (category): M-Open | Sex: Male | Club: Great Yarmouth Road Runners

136: 271 - Andersen, Tony - 4:43:07.1
| Age (category): M-Open | Sex: Male | Club: Great Yarmouth Road Runners

137: 260 - Boldin-Day, Ivan - 4:43:37.0
| Age (category): M-Open | Sex: Male | Club: <non-affiliated>

138: 223 - Horgan, John - 4:44:45.0
| Age (category): M-50 | Sex: Male | Club: Garden City Runners

139: 222 - Richards, Hilary - 4:45:14.0
| Age (category): F-35 | Sex: Female | Club: <non-affiliated>

140: 251 - Toms, David A.R. - 4:45:27.0
| Age (category): M-50 | Sex: Male | Club: Brandon Fern Hoppers

141: 132 - Worrall, Julie - 4:45:28.0
| Age (category): F-35 | Sex: Female | Club: <non-affiliated>

142: 266 - Carter, Nicholas - 4:46:04.0
| Age (category): M-60 | Sex: Male | Club: Lowestoft Road Runners

143: 135 - Sellers, Martin - 4:47:19.0
| Age (category): M-40 | Sex: Male | Club: Beverley A.C

144: 200 - Mills, Brian - 4:53:58.0
| Age (category): M-50 | Sex: Male | Club: 100 Marathon Club

145: 272 - Moles, David - 4:57:09.0
| Age (category): M-50 | Sex: Male | Club: 100 Marathon Club

146: 255 - O' Loughlin, Kirsty - 5:09:09.0
| Age (category): F-Open | Sex: Female | Club: <non-affiliated>

147: 284 - Stevenson, Lee - 5:12:37.0
| Age (category): M-Open | Sex: Male | Club: <non-affiliated>

148: 282 - Cook, David - 5:13:35.0
| Age (category): M-60 | Sex: Male | Club: Bungay Black Dog R.C

149: 292 - Wilkie, Thomas - 5:15:15.0
| Age (category): M-50 | Sex: Male | Club: Collingwood AC

150: 276 - Kent, Clark - 5:16:18.0
| Age (category): M-40 | Sex: Male | Club: 100 Marathon Club

151: 261 - McIntosh, Ian - 5:34:10.0
| Age (category): M-Open | Sex: Male | Club: Ampthill and Flitwick Flyers

152: 177 - Wilson, Robin - 5:36:18.0
| Age (category): M-60 | Sex: Male | Club: Collingwood AC

153: 185 - Crane, Gregory - 5:36:18.1
| Age (category): M-Open | Sex: Male | Club: <non-affiliated>

154: 210 - Iddles, Brent - 5:49:52.0
| Age (category): M-60 | Sex: Male | Club: 100 Marathon Club

155: 275 - Jack, Bob - 5:50:20.0
| Age (category): M-40 | Sex: Male | Club: Bungay Black Dog R.C

156: 295 - Barley, Allan - 6:08:23.0
| Age (category): M-50 | Sex: Male | Club: Essex Police AC