

Bungay Summer Series 2017

Race 1 - 7th June

Position	Time	Number	Name	Club
1	34:33	222	Chenery, Robert	ipswich jaffa
2	35:24	273	Spencer, Matthew	Bungay Black Dog RC
3	36:02	111	Law, Will	ipswich jaffa
4	38:08	203	Moore, John	Norfolk Gazelles
5	38:29	201	Andrews, Jo	Bungay black dog r c
6	39:01	257	Gardiner, Daniel	Bbdrc
7	39:09	135	Wiles, Jon	Bungay Black Dog
8	39:21	161	Taylor, Jason	Felixstowe road runners
9	39:35	255	Heseltine, Billy	GYDAC
10	39:37	205	Barnes, Darren	
11	39:53	178	Stringfellow, Martin	Wymondham AC
12	40:21	121	Churchman, Ben	Diss AC
13	40:53	179	Manly, James	
14	41:08	232	Brunt, Jason	Norfolk Gazelles AC
15	41:26	262	Frery, Matthew	norwich road runners
16	41:32	219	Husband, David	
17	41:50	193	Dady, Stephen	Wymondham AC
18	41:56	103	Snelling, Ben	norwich road runners
19	41:57	216	Walpole, Neil	norwich road runners
20	42:08	295	Gaskins, Ben	Coltishall Jaguars
21	42:19	107	Coulter, Graham	Framlingham Flyers
22	42:47	175	Sparkes, Nicky	Bungay Black Dog RC
23	43:13	144	Belsom, Robin	ipswich jaffa
24	43:31	181	Sharman, Glenn	Bungay Black Dog RC
25	43:35	246	Dean, Ben	Diss and District AC
26	43:44	296	Bye, Ellie	Coltishall Jaguars
27	43:49	167	Underdown, Billy	Waveney Valley AC
28	43:53	171	Thompson, Peter	Norfolk Gazelles
29	43:55	140	Stone, Mark	Great Yarmouth Road Runners
30	43:59	233	Epps, Terry	Wymondham AC
31	44:23	234	Rowe, Mike	
32	44:33	252	Day, Patrick	Black Dog
33	44:37	173	Garner, Dudley	Norfolk Gazelles
34	44:44	228	Henery, Catherine	norwich road runners
35	44:53	264	Lay, James	
36	44:55	227	Dunnett, Stephen	
37	45:03	117	Snelling, Kevin	Bure Valley Harriers
38	45:07	196	Cox, Joanne	Bungay Black Dog Running Club
39	45:26	235	Kingaby, Bill	Waveney Valley A.C.
40	45:27	259	Marjoram, Simon	UKRunChat Running Club
41	46:02	160	Hill, Leslie	NorfolkGazelles ac
42	46:05	119	Aldous, Helen	
43	46:11	285	Cason, Nick	
44	46:18	184	Spence, Robert	
45	46:22	195	Goulsbra, Paul	
46	46:23	137	Bumstead, Oliver	
47	46:26	279	Studley, Penny	Great Yarmouth Road Runners
48	46:27	287	Speed-Andrews, Jonathan	Bungay Black Dog RC
49	46:31	272	Stevens, Thomas	

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50	46:32	115	Garrity, Terry	Bungay Black Dog
51	46:33	172	Palmer, Andy	norwich road runners
52	46:35	180	Spence, Sabina	
53	46:39	292	Hogg, David	
54	46:50	244	Speight, Ashley	
55	46:59	282	Lambarth, Chris	
56	47:00	134	Norton, Sabrina	Bungay Black Dog Running Club
57	47:02	149	Cattermole, Stephen	
58	47:08	199	Hunn, Matt	
59	47:10	237	Gray, Andy	
60	47:20	168	Langford, Becky	Waveney Valley AC
61	47:29	298	Milner, Robert	
62	47:37	163	Steele, Lucy	Bungay Black Dog
63	47:43	256	Heseltine, Nadine	GYRR
64	47:56	174	Sparkes, Simon	Bungay Black Dog RC
65	48:01	241	Raisborough, Kevin	
66	48:02	211	Earrye, Michael	
67	48:02	270	Ismail-Epps, Samantha	Bungay Black Dog RC
68	48:07	283	Gibbs, Steve	waveneyvalley ac
69	48:10	162	Park, Niki	norwich road runners
70	48:11	245	Woods, Tim	Norfolk Gazelles
71	48:23	198	Jones, Vicky	norwich road runners
72	48:23	229	English, Deborah	norwich road runners
73	48:28	214	Lockhart, Jo	Bungay Black Dog
74	48:40	280	Walker, Jo	Bbdr
75	48:52	284	Bouldin, James	Framlingham Flyers
76	48:58	114	Garrity, Hazel	Bungay Black Dog
77	49:03	192	Satterley, Chris	
78	49:15	217	Ellis, Kevin	Bungay Black Dogs
79	49:17	236	Morley, Tony	Bungay Black Dog RC
80	49:27	116	Hardy, Justin	Framlingham Flyers
81	49:42	209	Bartram, Philip	
82	49:51	218	Gray, Anna	Bungay Black Dogs
83	49:57	269	Clarke, John	
84	49:58	224	Smith, Mark	
85	50:04	170	Tully, Howard	
86	50:19	261	Russell, Jimmy	Felixstowe RRC
87	50:28	293	West, Gary	Bungay Black Dog Running Club
88	50:29	157	Cubitt, Rachel	Norwich Road Runner
89	50:33	104	Tye, Cheryl	Framlingham Flyers
90	50:36	297	Backhouse, Chris	Bungay Black Dog Running Club
91	50:46	226	Sprake, Matthew	
92	50:52	136	Taylor, Rachel	
93	51:09	291	Roper, Nicky	Framlingham Flyers
94	51:18	154	Carr, Philip	
95	51:24	110	Ashe, Robin	Bungay Black Dog
96	51:27	100	Lees, Ivan	Great Yarmouth Road Runners
97	51:32	277	Rogers, Barry	Bbdr
98	51:38	281	Johnson, Ashley	
99	51:53	225	Hyett, David	

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100	52:20	113	Dawson, Lorrain	Great Yarmouth road runner
101	52:26	191	Hardingham, Gail	
102	52:32	258	Jackson, Rebecca	Diss & District AC
103	52:35	120	Woodgate, Martyn	Bungay Black Dog Running Club
104	52:41	141	Gardner, Ian	
105	52:45	278	Rogers, Bethany	Bbdrc
106	53:01	274	Anderson, Matthew	
107	53:04	208	Rice, Peter	Norfolk Gazelles
108	53:12	190	Freeman, Neil	
109	53:13	177	Stedman-Jones, Samantha	Bungay Black Dog
110	53:45	143	Harrod, Louise	Waveney Valley
111	53:56	152	Sauerzapf, Bobbie	Bungay Black Dog RC
112	54:02	288	Alderson, Steven	
113	54:10	276	Riches, Tom	
114	54:15	159	Goodman, Emma	Framlingham Flyers
115	54:19	105	Leeves, Pauline	Great Yarmouth Road Runners
116	54:26	169	Netto, Lisa	Norfolk Gazelles
117	54:41	165	King, Beth	Norfolk Gazelles AC
118	54:57	187	Stuart, Claire	
119	55:01	185	Gerrard, Hayley	norwich road runners
120	55:02	148	Phillips, Edward	Bungay Black Dogs
121	55:04	158	Payne, Jamie	Framlingham Flyers
122	55:17	289	Hawkins, Fi	Diss Athletics
123	55:22	250	Hunter, Silke	
124	55:55	200	Andrews, Tim	
125	56:04	101	Bound, John	Great Yarmouth Roadrunners
126	56:14	267	Keable, Claire	
127	56:56	151	Hunt, Adrian	Bungay Black Dog
128	57:14	213	Barker, Christine	Diss Heywood Joggers
129	57:26	150	Aldous, Rebekah	
130	57:27	153	Capps-Jenner, Jayne	Bungay Black Dog
131	57:31	247	Spong, Carole	Great Yarmouth Road Runners
132	58:04	126	Morton, Katherine	
133	58:32	231	Hazell, Phillip	Waveney valley athletic club
134	58:38	290	Hogg, Ronnie	
135	58:46	220	MacKay, Eilidh	Beccles Triathlon Club
136	58:46	221	Wilding, Alastair	
137	59:02	230	Goocj, Michaela	Waveney Valley AC
138	59:36	239	Flatt, Rachel	Unaffiliated
139	59:36	240	Knoglinger, Christopher	
140	59:37	155	Yaxley, Deborah	norwich road runners
141	59:38	131	Holloway, Tanya	Bungay Black Dog
142	59:41	145	Anderson, Lindsey	
143	59:44	176	Stedman-Jones, Malcolm	Bungay Black Dog
144	59:52	206	McNally, Sedona	Bungay Black Dogs
145	60:03	133	Brown, Robin	Bbdrc
146	60:08	215	Cuthbertson, Sarah	Great Yarmouth Road Runners
147	60:08	194	Breeze, Christine	
148	60:17	299	Bloomfield, Miki	
149	60:18	197	Tovell, Kenneth	Framlingham Flyers

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150	60:29	109	Sampson, Graham	Bungay Black Dog
151	60:36	125	Thompson, Louise	Bungay Black Dogs
152	60:40	124	Lightfoot, Michelle	Bungay Black Dogs Running Club
153	60:42	263	Hewitt, Michelle	Beccles and Bungay Harriers
154	60:43	142	Pelham, Julia	
155	60:49	251	Day, Sean	Black Dog
156	60:50	118	Butler, Natalie	
157	60:51	266	Branch, Emma	Waveney valley athletic club
158	60:53	265	Cone, Lisa	waveney valley A..
159	60:59	183	Avery, Sarah	
160	61:22	139	Taylor, Leigh	Great Yarmouth Road Runners
161	62:34	271	Moore, Mandy	Bungay Black Dog Running Club
162	62:38	189	Hudson, Stephanie	
163	62:39	207	Webb, Clare	Bungay Black Dog RC
164	62:59	238	Wharfe, Karen	
165	63:27	243	Potter, Susan	Bungay Black Dog Running Club
166	63:34	294	Capps-Jenner, Lily	Bungay Black Dogs
167	63:34	254	Hirst, Rachel	Bungay Black Dog
168	64:06	248	Dean, Hanna	Bungay Black Dogs
169	64:06	249	Dye, Chris	
170	65:00	123	Pursell, Jemma	Bungay Black Dog
171	65:21	122	Bennett, Guy	Bungay Black Dog
172	66:56	129	James, Sarah	Waveney Valley Athletics Club
173	67:20	182	Sharman, Amy	
174	67:44	202	Rowe, Rebecca	
175	68:30	212	Arnell, Bob	GYRRC
176	68:39	128	Roberts, Mandy	Waveney Valley Athletics
177	69:13	210	Bird, Paul	Bungay Black Dog RC
178	69:46	223	Smith, Lisa	
179	70:24	286	Alefounder, Helen	Reepham Runners
180	73:17	188	Foster, Carol	The Saxons