

**Groggy Doggy 2018: One lap WITH dog**

<b>Position</b>	<b>Time</b>	<b>Number</b>		<b>Name</b>		<b>Club</b>
1	16:25	207	one lap with dog	Seb	Herrod	M
2	16:38	206	one lap with dog	Jim	Burgess	M Waveney Valley AC
3	17:19	225	one lap with dog	Steven	Carruthers	M Rock Estate
4	17:32	235	one lap with dog	Joe	Jackson	M
5	18:55	216	one lap with dog	Simon	Asher	M
6	19:30	229	one lap with dog	Simon	Marjoram	M
7	19:40	240	one lap with dog	Charlie	Jones	M
8	20:17	108	one lap with dog	Jack	Blackham	M
9	20:33	unknown	one lap with dog			M
10	20:38	241	one lap with dog	Ele	Overvoorde	F
11	21:06	238	one lap with dog	Oliver	Smith	M
12	21:07	237	one lap with dog	George	Brockhouse	M
13	21:08	232	one lap with dog	Nairn	Black	M
14	21:45	220	one lap with dog	Claire	Stannard	F Beccles Tri Club
15	21:49	215	one lap with dog	George	Clark	M Felixstowe Road Runners
16	22:25	223	one lap with dog	Kevin	Clark	M Bungay Black Dog RC
17	22:40	202	one lap with dog	Bob	Paul	M Bungay Black Dog RC
18	22:46	246	one lap with dog	Tracey	Sharp	F
19	23:05	233	one lap with dog	Keith	Kershaw	M
20	23:06	249	one lap with dog	Peter	Matthews	M
21	23:10	209	one lap with dog	Ian	Gardner	M
22	23:17	234	one lap with dog	Tom	Bone	M
23	23:18	236	one lap with dog	Jessica	Jackson	F
24	23:24	204	one lap with dog	Matt	Peck	M Ealing Eagles
25	23:35	201	one lap with dog	Imogen	Crossman	F
26	23:36	434	one lap with dog	Jenny	Lane	F Team Dunedawg
27	24:00	239	one lap with dog	Joshua	Smith	M
28	24:13	211	one lap with dog	Clare	Wilkins	F
29	25:34	230	one lap with dog	Mark	Elflett	M Lowestoft Road Runners
30	25:35	231	one lap with dog	Elayne	Hilton	F Lowestoft Road Runners
31	25:39	228	one lap with dog	Daniel	Sayer	M Beccles Tri Club
32	25:39	227	one lap with dog	Michelle	Sayer	F Beccles Tri Club
33	25:44	213	one lap with dog	Holly	Anstey	F
34	25:44	212	one lap with dog	Chris	Anstey	M
35	27:29	430	one lap with dog	Luke	Hunter	M
36	27:51	418	one lap with dog	John	Hamill	M
37	27:53	419	one lap with dog	Lisa	Hamill	F
38	28:30	245	one lap with dog	Caroline	Mackinson	F Beccles Tri Club
39	28:37	250	one lap with dog	Jenna	Longworth-Howard	F
40	28:40	214	one lap with dog	David	Hirst	M
41	29:22	205	one lap with dog	Trevor	Rawson	M
42	29:53	21	one lap with dog	Erin	Mackinson	
43	30:01	210	one lap with dog	Susan	Wright	F Bungay Black Dog RC
44	30:01	203	one lap with dog	Susan	Potter	F Bungay Black Dog RC
45	30:25	248	one lap with dog	Larissa	Smith	F Bungay Black Dog RC
46	30:28	226	one lap with dog	Sophie	Ward	F
47	30:47	425	one lap with dog	Kaite	Garrod	F
48	30:47	426	one lap with dog	Tom	Garrod	M
49	30:53	243	one lap with dog	Freya	Manthorpe	F
50	30:54	242	one lap with dog	Emma	Flynn	F
51	32:11	253	one lap with dog	Barry	Wilkin	M
52	32:22	111	one lap with dog	William	Butcher	M
53	32:25	11	one lap with dog	Harrison	Butcher	M
54	32:26	251	one lap with dog	Kirim	Hunt	F
55	32:27	252	one lap with dog	Hugh	Player	M
56	32:28	218	one lap with dog	Jay	Butcher	F Waveney Valley AC
57	32:29	217	one lap with dog	Carl	Butcher	M
58	34:14	403	one lap with dog	Sam	Ruskin	F Great Yarmouth Road Runners

59	36:47	219	one lap with dog	Jackie	Bell	F Bungay Black Dog RC
60	37:27	247	one lap with dog	Lucy	Johnston	F Vegan Runners
61	37:39	222	one lap with dog	Grace	Zipfell	F
62	37:39	221	one lap with dog	Jemma	Clark	F
63	37:40	224	one lap with dog	Jo	Clark	F Lowestoft Road Runners
64	40:55	244	one lap with dog	Steven	Mackinson	M Beccles Tri Club
65	57:51	208	one lap with dog	Justin	Skipper	M