

Bungay Black Dog 10 km - 2019 Prize List

Sunday 14th April 2019 9.30 am

Edited 28th April 2019

Mens Prizes

<i>Prize</i>	<i>Time</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>
1st	00:34:07	Dominic Oliver	CoNAC	MS
2nd	00:34:19	David Sparshott	Bungay Black Dog RC	MS
3rd	00:37:00	John Cox	Kent AC	M40
Male Senior	00:37:41	Richard Jones	CoNAC	MS
Male V40	0:37:43	Chris Bullock	Norwich Road Runners	M40
Male V50	00:37:46	Dave Solomon	Felixstowe RRC	M50
Male V60	00:41:54	Pete Johnson	Ryston Runners	M60
Male V70	00:50:59	Sam Weller	North Norfolk Beach Runners	M70

Male Team

00:34:19 David Sparshott
0:42:04 Matthew Tye
0:43:52 David Neeve
01:59:16

Bungay Black Dog RC

Womens Prizes

<i>Prize</i>	<i>Time</i>	<i>Name</i>	<i>Club</i>	<i>Category</i>
1st	00:40:32	Lauren Howe	CoNAC	FS
2nd	00:41:58	Holly Phipps	University of Sheffield	FS
3rd	00:42:17	Zoe Chase	Waveney Valley AC	F40
Female Senior	00:42:24	Karen Martin	Haverhill Running Club	FS
Female V40	00:45:07	Louise Marsden	Tri-Anglia	F40
Female V50	0:47:51	Jenny Sheahan	Eastern Masters AC	F50
Female V60	0:49:40	Penny Edwards	Norwich Road Runners	F60
Female V70		No Runner Qualified		F70

Female Team

00:40:32 Lauren Howe
00:50:15 Marian Crossland
00:51:09 Sarah Steel
02:21:56

CoNAC